

7.1.10 The Institution celebrates / organizes national and international commemorative days, events and festivals

Response:

Revering days, events and festivals of national importance honors the great legacy of India.

IDST always believes in celebrating national and international commemorative days, events and festivals in the campus to strengthening the social cohesion with active participation of students and faculty members, which can help them personally and professionally. The IDST college observes several nationally and internationally significant occasions to educate our students on the history, traditions and practices of India in engaging and participatory ways. The College makes incredible efforts in celebrating various important days what to focus on these days like Women's Day, it aimed at imparting the values like empowerment and equality which bestowed the sense of appreciation and respect to the entire female fraternity, Celebration of World Autism Awareness Day was indeed a great initiative by the institute that can help foster friendship and connection, as well as reading and writing skills etc. The college also believes that education will allow the students to flourish, blossom only by providing them the right platform where they will work towards becoming a responsible citizen.

Public Health Dentist Week:The Department of Public Health Dentistry celebrated Public Health Dentist Week on 19th to 25th June 2023 to educate the public about the importance of oral health, various oral health conditions, how to prevent them and to teach proper toothbrushing methods to the people in the community.

Yoga Day:Yoga, a transformative practice, represents the harmony of mind and body, the balance between thought and action, and the unity of restraint and fulfillment. It integrates the body, mind, spirit, and soul, offering a holistic approach to health and well-being that brings peace to our hectic lives. Its power to transform is what we celebrate on this special day.

Independence Day is celebrated every year on 15th August in college premises by flag hoisting and national anthem singing. All the students and faculty members celebrate devotedly.

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Janamashtami is celebrated to seek the blessings of Lord Krishna in IDST premises. All the faculty members and students attended the program with mirth and joy.

Ganesh chaturthi celebrations took place in the college quadrangle which is celebrated with Ganesh murtisthapana and puja being carried out by faculty and students in the campus temple.

Onam is a unique festival of Kerala. This was celebrated by the students and staff of IDST in college premises. Students were traditionally dressed up. The event started with the traditional dance of Kerala (Thiruvathira). The entire atmosphere was filled with traditional fervor and created memorable and joyful moments for all the students.

World Radiology Day was celebrated on 8th November 2023. It coincides with the anniversary of the discovery of X-rays.

Children Day is celebrated all over India to honor the birth anniversary of Pandit Nehru. Children's Day is celebrated to increase awareness on the rights and education of children every year on November 14. Many functions, events & programs were organized by the Department of Pediatrics and Preventive Dentistry in IDST college.

Energy Conservation Day: The day is celebrated on December 14th, people around the world observe World Energy Conservation Day to raise awareness of the value of energy use in daily life, its insufficiency, and its effect on the viability of global ecosystems. It focuses our attention on important energy-related challenges that will affect humanity in the future.

World Autism Awareness Day is a global healthcare event celebrated on the 2nd of April every year. The etiology of this developmental disability - autism spectrum disorder (ASD) can be traced to the development of differences in the brain. Autism patients could have socialization, communication and interaction problems associated with restricted or repetitive behaviors or interests. Also, their ways of learning, moving, or paying attention are distinct from other people.

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The Christmas celebrations took place in the college quadrangle. The college was beautifully decorated with crib, **Christmas** tree, stars and bells.

Republic Day is annually celebrated on 26th January, wherein flag hoisting ceremony is held within the college campus with singing of the national anthem.

World Hepatitis Day is celebrated in the college by organizing a vaccination program, in which Hepatitis B Vaccination drive was carried out for all the students, faculty members and health care workers.

National Periodontist Day was celebrated on 23rd February, 2024 by the Department of Periodontology & Implantology, IDST, Kadrabad. Periodontist Day commemorates the day when Indian Society of Periodontology was registered as Non-Profitable Society in the year 1975.

National Oral Pathologist Day is celebrated every year on 25th February in the memory of our country's first Oral Pathologist Dr. H.M. Dholakia. The day aims to highlight the importance of oral pathology and to celebrate the contribution of pathologists in improving patient health.

Basant Panchami in North India, and in the Punjab, Basant is considered to be a seasonal festival and is celebrated as a spring festival of kites. The festival marks the commencement of the spring season. It was celebrated by all the students and faculty of IDST college which begins with **Mata Saraswati pooja**.

National Dentist's Day is celebrated by The Department of Basic Sciences on March 6th in IDST Auditorium. It was celebrated by raise awareness about the importance of oral health and hygiene through lectures delivered by the dental faculties and a Nukkad Natak was also performed by the students. It serves as a reminder to prioritize regular dental check-ups and oral hygiene practices.

International Women's Day: It is annually held on March 8th to celebrate women's achievements throughout history and across nations. It is also known as the United Nations (UN)

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Day for Women's Rights and International Peace. International Women's Day (IWD) is a significance of social, economic, cultural and political accomplishment of women. The day also implies an act of accelerate gender uniformity.

Holifestival was celebrated with full joy, excitement and splash of colors at the college campus. Students made a lot of fun with dance, pouring the water and color on each other.

Fresher's Party: College organizes fresher's party (CHRYSALIS) every year. The main aim of this party is to give an affectionate welcome to new students. It is accompanied by so many exciting events and programs such as ramp walk, dancing, singing and self-introduction. The college staff and management extend their utmost cooperation in this event.

Farewell:The event celebrated the faculty's dedication, wisdom, and lasting impact on the students' lives. Heartfelt speeches, performances, and tokens.

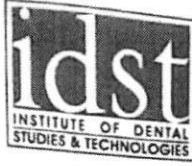
National Oral Medicine & Radiology Day was celebrated on 24th April 2024. It coincides with the anniversary of the discovery of X-rays.

World No Tobacco Day: It is celebrated every year, on 31st May. WHO and partners everywhere mark World No Tobacco Day, highlighting the health risks associated with tobacco use and advocating for effective policies to reduce tobacco consumption. Tobacco use is the single most preventable cause of death globally and is currently responsible for killing one in 10 adults worldwide.

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Public Health Dentistry Week



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(Under the auspices of Dental & Medical Educational Trust)

"NAAC ACCREDITED"



Ref. No. IDST/6587

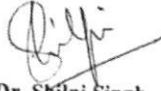
Date 19/06/2023

Notice

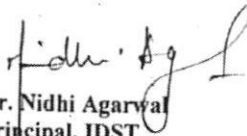
Department of Public Health Dentistry, Institute of Dental Studies & Technologies, Modinagar is celebrating Public Health Dentistry week from 19th to 25th June 2023.

DATE	ACTIVITIES
19-06-2023 (Monday)	Selfie booth and importance of oral health explained to the Patients at College OPD
20-06-2023 (Tuesday)	Village based oral health awareness and oral screening camp at village Gadana
21-06-2023 (Wednesday)	Sensitisation of Institutes auxillary staff regarding oral health
22-06-2023 (Thursday)	Tooth brushing demonstrations and oral screening camp at village Kalchina
23-06-2023 (Friday)	Oral health awareness to the patients at OPD reception of the institute
24-06-2023 (Saturday)	Lecture taken for BDS students by Dr Shilpi Singh on 'Scope of Dental Public Health'

All the students and interns are requested to participate in large numbers.


Dr. Shilpi Singh
Professor & Head, Public Health Dentistry




Dr. Nidhi Agarwal
Principal, IDST

Institute of Dental Studies & Technologies

Principal

Delhi-Meerut Road, Kadrabad, Modinagar-201 201, Distt. Ghaziabad (U.P.)
+91-7617665566 | idst.ac.in | info@idst.ac.in

Date: 27th June 2023

Topic	Public Health Dentist Week
Event	Distribution of Oral health kit/ toothpastes, oral health awareness and oral screening camps
Department	Public Health Dentistry, IDST, MODINAGAR
Date	19 th June to 25 th June 2023
Time	9:00 a.m to 1:30 p.m
Attendees	Patients attending OPD at IDST, Modinagar and patients attending dental camps organized by IDST, Modinagar
Venue	OPD, IDST and Village Gadana, Village Kalchina

Brief Summary

The **Department of Public Health Dentistry** celebrated Public Health Dentist Week on 19th to 25th June 2023 to educate the public about the importance of oral health, various oral health conditions, how to prevent them and to teach proper toothbrushing methods to the people in the community .

This day is an opportunity to recognize the hard work and dedication of Dental Public Health professionals and promote oral health awareness . Public health Dentist have a major role in the health department so a special week is devoted to them as Public Health Dentist Week.

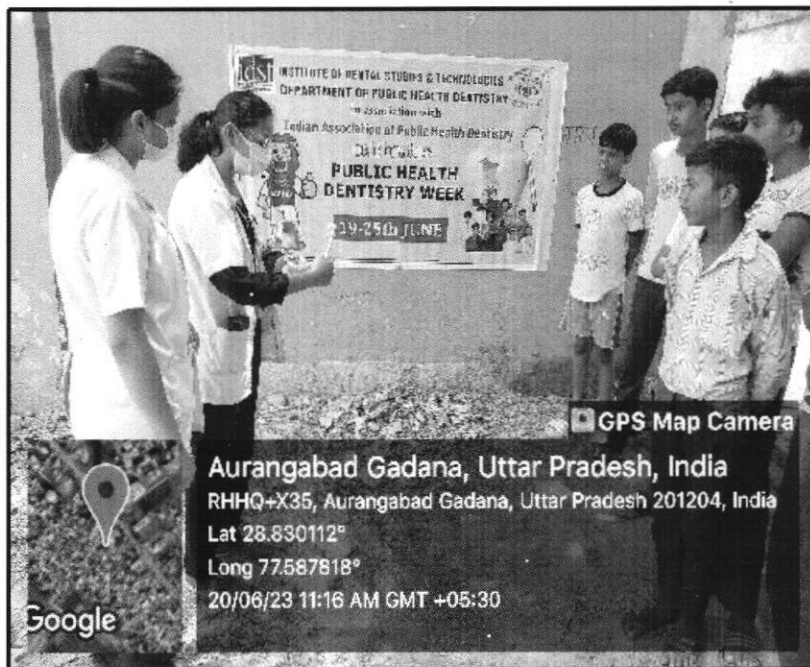
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Picture 2

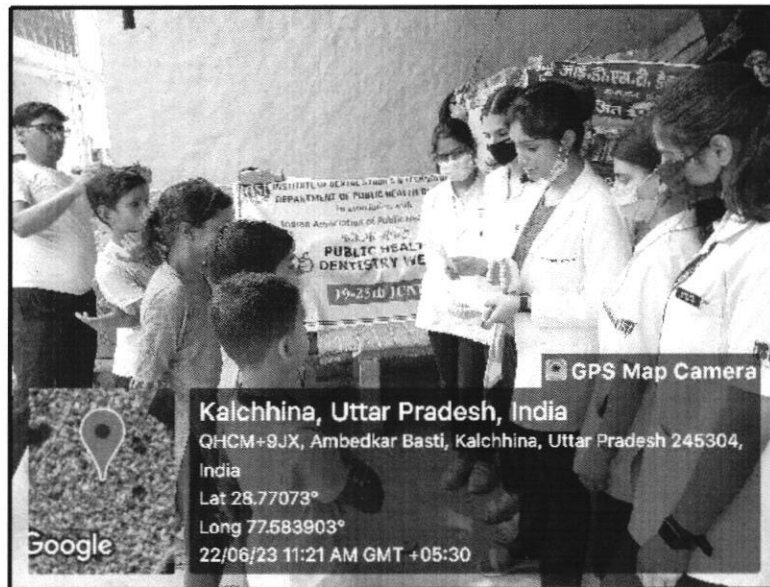


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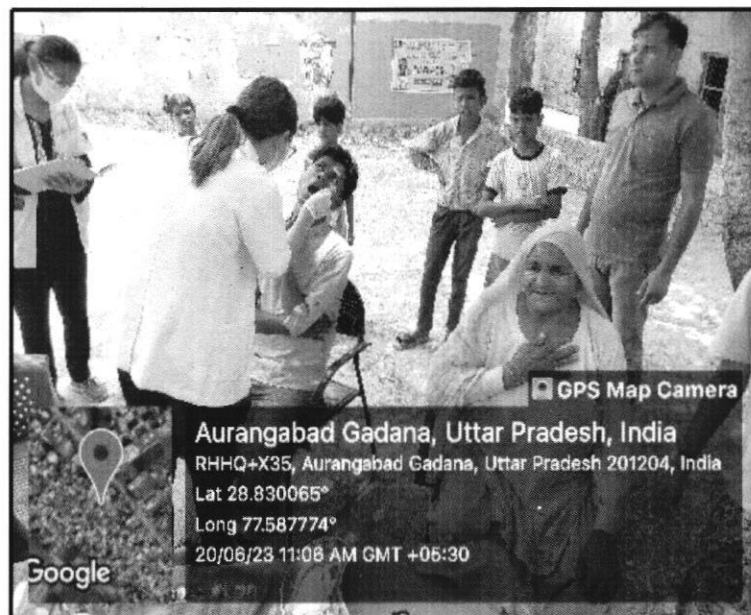
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Principal

Picture 3



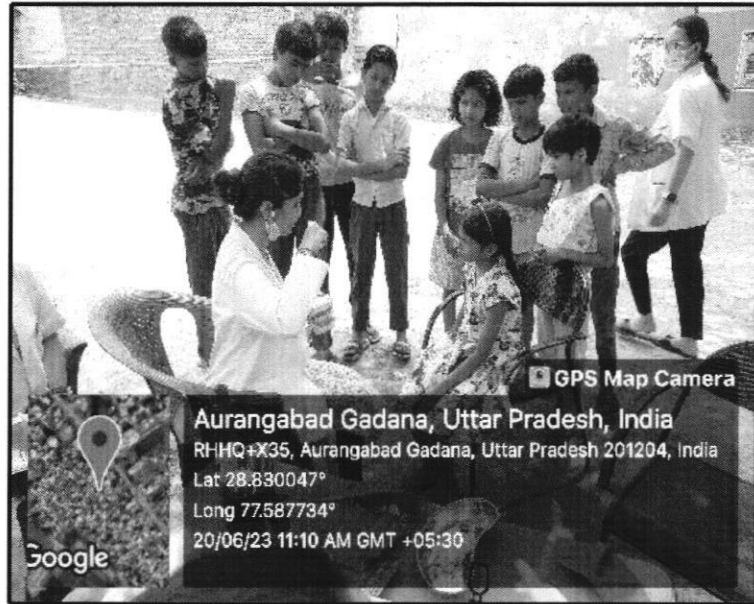
Picture 4



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Picture 5



Picture 6



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Yoga Day



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(Under the auspices of Dental & Medical Educational Trust)

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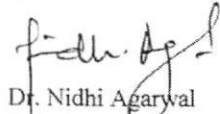
Ref. No. IDST / 6628

Date 20/06/2023

NOTICE

On accounts of International Yoga Day, IDST is organizing a Yoga Wellness Session on 21st June 2023 from 9:00 AM to 10: 00 AM. The program, will be held in the IDST back lawn, opposite Ajna Hostel.

The students will be required to appropriately dressed and carry their own Yoga mat and assemble at the allocated by 08:45 am positively.



Dr. Nidhi Agarwal
Principal



Copy to:

1. The Chairperson, DMET
2. The Secretary, DMET
3. All HODs
4. All Notice Boards

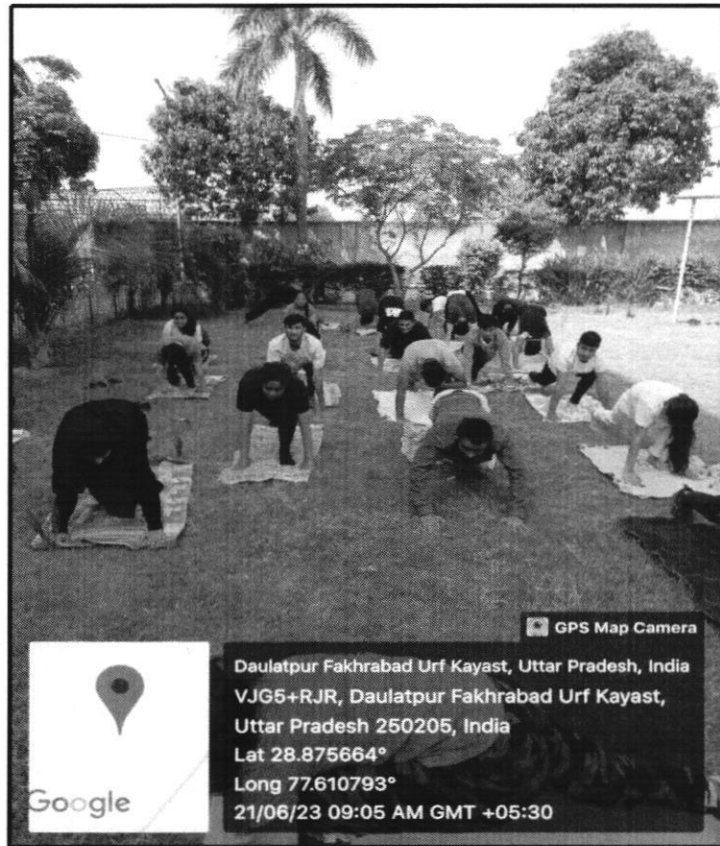
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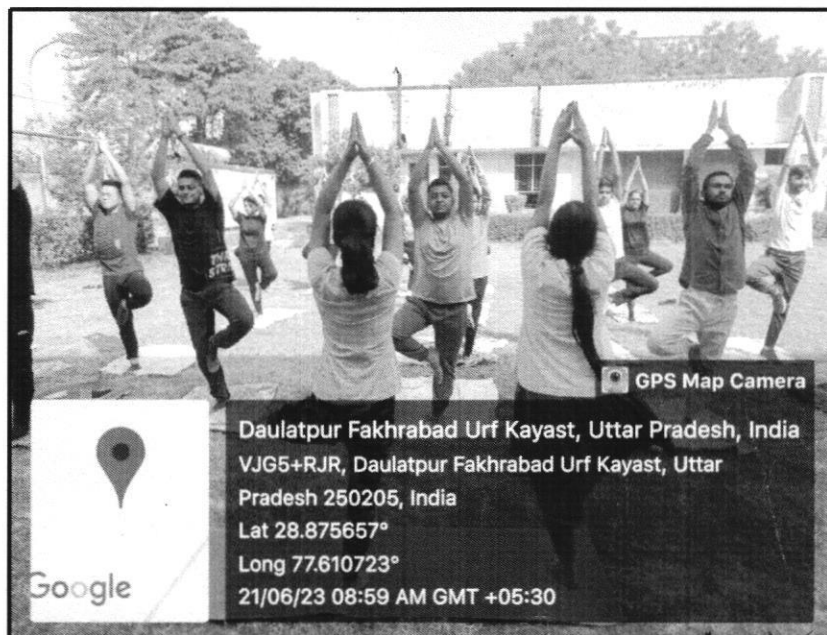
Delhi-Meerut Road, Kadrabad, Modinagar - 201 201, Distt. Ghaziabad (U.P.)

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Picture 1 (Yoga Day)



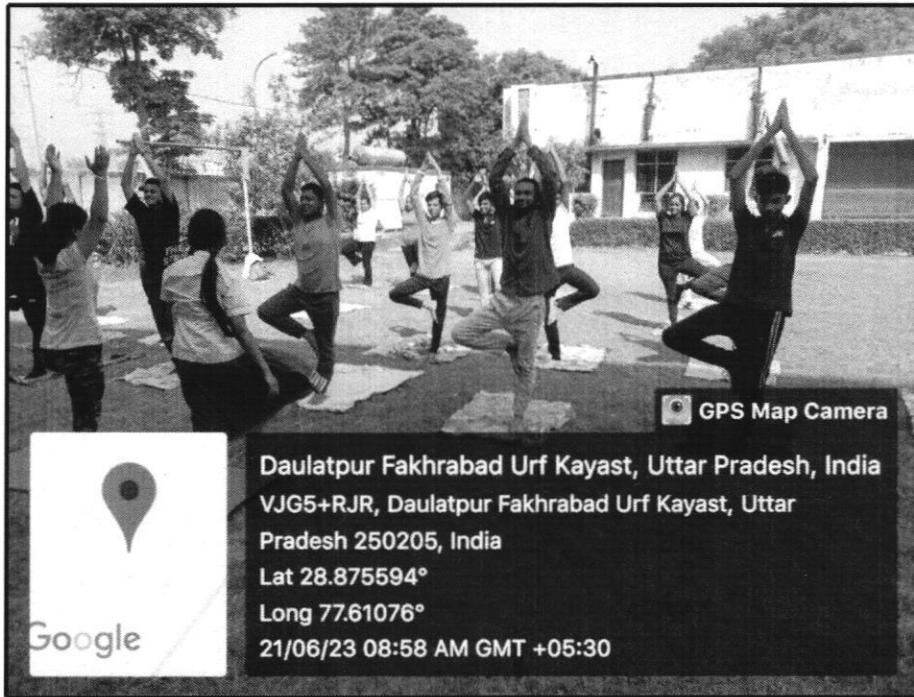
Picture 2 (Yoga Day)



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Picture 3 (Yoga Day)



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Picture 1 (Independence Day)



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Principal

Picture 1 (Janamashtami)



Picture 2 (Janamashtami)



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Principal

Picture 3 (Janamashtami)



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Ganesh Puja



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Ref. No. IDST/AC/2023/353

Date 27/07/2023

Office of the Principal

NOTICE

This is for Information to all that Tomorrow is Ganesh Puja & Havan. Classes will be suspended from 10:30 AM to 1:00 PM.

Clinical posting will be as per schedule. Those students who have patients in the clinic can attend their postings.

Regular lectures & labs for all batches will resume from 1:00 PM onwards.

Nidhi Agarwal
Dr. Nidhi Agarwal
Principal



Copy to

1. Chairman, DMET
2. Secretary, DMET
3. All HOD's
4. All Notice Boards

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Nidhi
Principal

Picture 1 (Ganesh Puja)



Picture 2 (Ganesh Puja)



Picture 1 (Onam)



Picture 2 (Onam)



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A handwritten signature in black ink, appearing to be the name of the Principal, written over the printed name.

Principal

Picture 3 (Onam)



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A handwritten signature in black ink, appearing to be 'J. K. S.', written over the printed name of the Principal.

Principal

World Radiology Day



Ref. No IDST/NOT/2023/-

Date: 07.11.2023

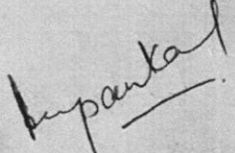
Department of Oral Medicine and Radiology

NOTICE

This is to bring to the notice of all students that the Department of Oral Medicine and Radiology is organizing "World Radiology Day 2023" on 8th November 2023 at 1.00pm in the Department under the aegis of Indian Academy of Oral Medicine and Radiology. The Department has organized the following activities for Under Graduate Students from 1st Year to 4th Year and Interns.

1. Quiz competition
2. Poster Competition
3. Slogan Competition
4. Cake cutting at 2.30 pm

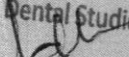
Interested students may give their names to Dr Sahil M. Kidwai, Reader, Department of Oral Medicine and Radiology latest by 9am on 8th November 2023.


Dr. Deepankar Misra
Prof & Head, Dept of OMR

ORAL MEDICINE & RADIOLOGY
Institute of Dental Studies & Technologies
Kadrapad, Modinagar, 201201

Cc to

1. Chairperson, DMET
2. Secretary, DMET
3. Principal, IDST
4. All HODs

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Picture 1(World Radiology Day)



Picture 2 (World Radiology Day)



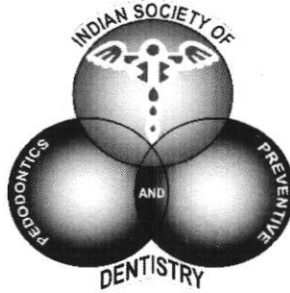
Picture 3(World Radiology Day)



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Principal



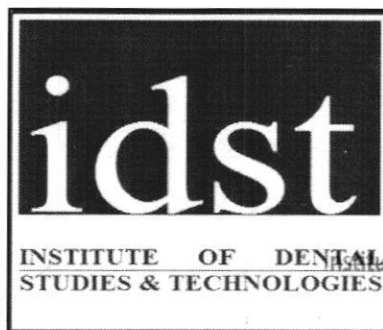
ISPPD

CHILDREN'S WEEK CELEBRATION CONTEST

FROM 23rd NOVEMBER 2023 TO 30TH NOVEMBER 2023.

INSTITUTE OF DENTAL STUDIES & TECHNOLOGIES

KADRABAD, MODINAGAR-201201. GHAZIABAD (U.P).



Institute of Dental Studies & Technologies


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Under the Guidance of

Dr. Nidhi Agarwal,

Principal and Head of the department

**SLOGAN - "SMILES FOR A LIFETIME: NURTURING ORAL HEALTH, FROM TODAY
TILL FOREVER"**

INDEX

A)	Awareness Creating Activities	
1	PROPS BASED	
i	Tony Moly Toothbrush and Toothpaste Tale	For school children
ii	Smile say Cheeeese	For school children
iii	The Laughing Lunchbox: Comedy and Cavities Collide	For school children
iv	Big Jaws: A Gigantic Guide to smart learning	For school children
v	Molar Munchies: A circular move for Clean Teeth	For school children
i	Thread-a-Thon: Comedy and Cardio for Clean Teeth	For school children
2	LECTURES	
i	Power Point Presentation for Students	For school children
ii	Power Point Presentation for Teachers	For school Teachers
iii	Power Point Presentation for Mothers	In Pre School
3	QUESTIONNAIRE	
i	Questionnaire for Teachers	Participation Certificates & Gifts given
ii	Questionnaire for Mothers	Participation Certificates & Gifts given
4	NUKKAD NATAK	Performed By Interns
5	PAMPHLETS DISTRIBUTION	For Children
6	KITS DISTRIBUTION	For children
7	QUIZ COMPETITION	
i	For Undergraduate students and Interns	Participation Certificate Distributed
B	MASS LEVEL MOUTH RINSING	For Class II-V Children
C	AWARENESS AMONGST PEDIATRICIANS	
D	MEDIA COVERAGE	In multiple local newspapers
E	ANY OTHER ACTIVITY	Programme for mother and toddler

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Institute of Dental Studies and Technologies, Department of Pediatric and Preventive Dentistry under the aegis of Indian Society of Pedodontics and Preventive Dentistry has cheerfully celebrated the Children's oral Health Awareness week from 23-11-2023 to 30-11-2023. The programme was an enlightening source of learning, awareness and motivation for the students and faculty.

Along with the activities of the college itself, we shortlisted 4 schools 2 underprivileged (**Prince Public School, Bal Upavan school**), 1 privileged (**Delhi Public School, Modinagar**) and 1 playschool (**Shiva Convent school**) for the celebration of the children's week. A series of event was planned for these schools which included

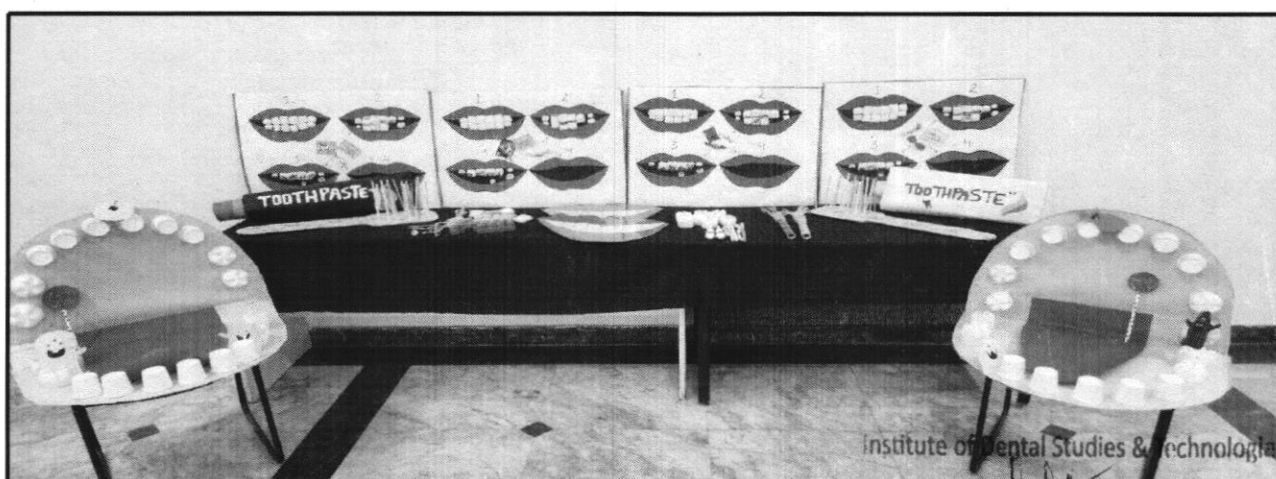
- Providing educational presentations that included the basics of oral hygiene care
- Handmade Prop based activities for enhanced teaching learning experience
- Mouth rinsing program for inculcating a daily routine in the lifestyle of the students for proper maintenance of oral hygiene
- Quiz and questionnaires for the teachers of the various schools and UG students of our college to evaluate the basic understanding of their knowledge towards oral hygiene maintenance followed by distribution of certificates to boost up their morale.
- Nukkad Natak for the better ability of the participating audience to perceive what they have been taught.
- A special talk for the mothers as part of “**any other activity**” in which they were educated about infant oral health care, Dental Home and Anticipatory guidance followed by a quiz for them.
- Pamphlets distribution to create awareness and memorize the basic points every time
- Toothbrush and toothpaste distribution as token of love and appreciation for all
- A poster handover to the principal of the school for daily motivation of the children to eat healthy and stay healthy.

A brief explanation of all the events along with the photographs is as follows:

PREPARATION FOR THE ACTIVITIES

A) PROPS

The props used were handmade & prepared by the undergraduate students and interns of IDST Modinagar. All the activities were designed keeping in mind the age specificity of the students.



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i) Tony Moly Toothbrush and Toothpaste Tale:

Big cardboard based toothbrush and toothpaste were made such that it would be attractive to hold by the students and learn easily



A cheerful picture of children learning how to apply toothpaste on a toothbrush at Prince Public School



An interactive session of learning application of toothpaste at Bal Upavan School

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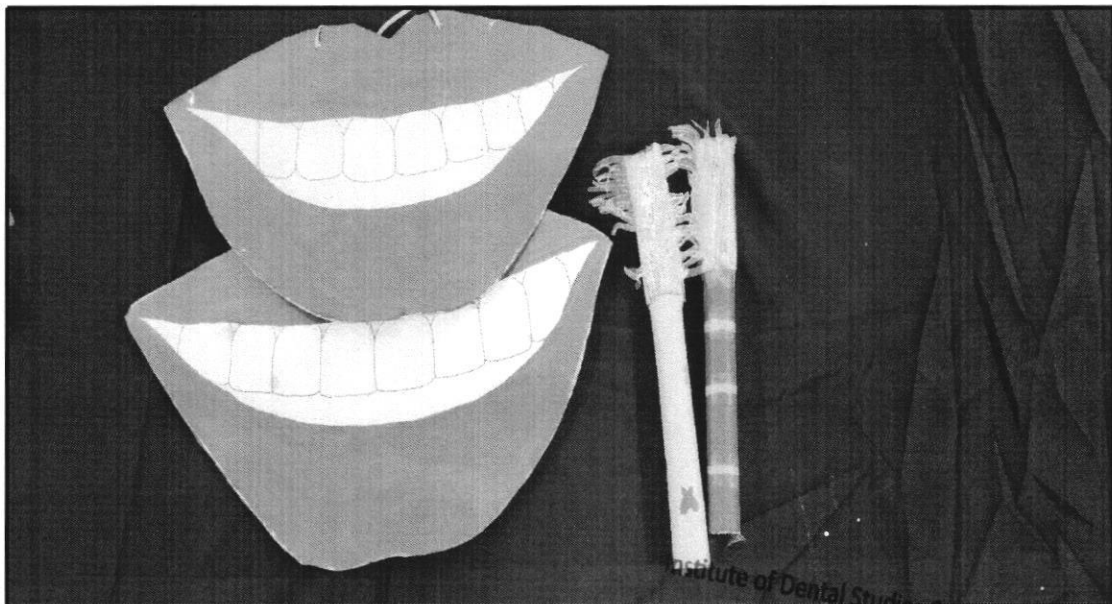
Principal



Playful dental hygiene: kids learn proper toothpaste application through a fun and interactive game at Shiva Convent school

ii) Smile say cheeeese:

A cardboard cutout with upper and lower lip and the anterior teeth seen in it was made to tell the importance of a healthy smile line and teach correct tooth brushing habits



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A playful spin to healthier smile: teaching learning through interactive tools at Prince Public School



Teaching brushing methods at Delhi Public School

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PGs fun interaction with the small kids of Shiva Convent School



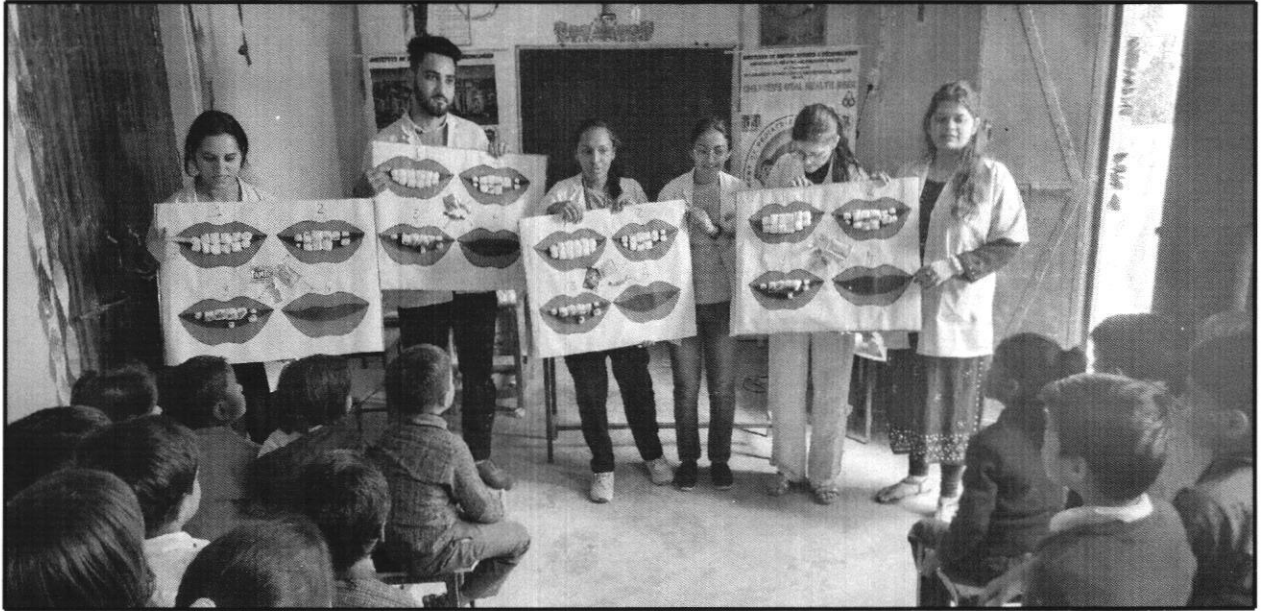
Small teeth, Big joys: learning brushing teeth made fun by the Pg students for children of Bal Upavan school

iii) "The Laughing Lunchbox: Comedy and Cavities Collide"

On a big cardboard piece we assembled four cutouts posters of mouth. The posters displayed teeth that are healthy and the teeth that gets discoloured and cavitated due to use of sweetened food and junk items. With full teeth present on the first one to fully absent on the last mouth the poster displayed how bad food habits affect our smile line.

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Joyful kids captivated by a health talk on good and bad dietary habits at Prince Public school



Interactive QnA on good and bad dietary habits at Delhi Public School

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Educating children with a vibrant game that educates the importance of a tooth friendly diet

iv) "Big Jaws: A Gigantic Guide to smart learning"

Two large models of Upper and lower jaws were made with the help of cardboard and the bottom of the plastic bottles were cut which were used as teeth resembling molar teeth. Inverted paper cups were used as incisors. Toothbrushing was taught on these big models along with significance of tongue cleaning with the use of hand made lollipop shaped tongue cleaners. Small cotton stuffed microbes were made out of chart papers to be put inside the jaws and the children enjoyed throwing the microbes out of the mouth by toothbrush.



The big mouth cleaning game demonstrated by Pg students to children at Prince Public school



Learning through a big mouth model: A hands-on approach to oral health education at Delhi Public School



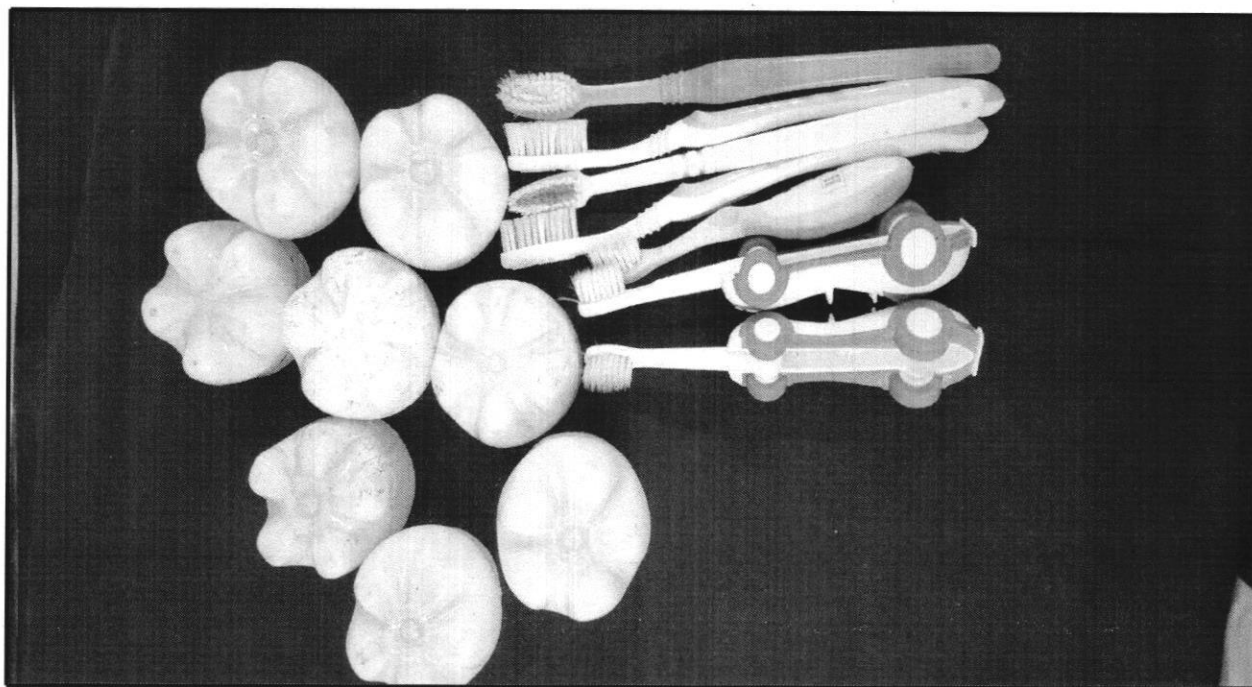
Eliminating small microbes from big mouth by students of Shiva convent school

v) Molar Munchies: A circular move for Clean Teeth

Models of teeth were fabricated by cutting bottom part of plastic bottles. Circular motion of cleaning teeth was demonstrated on them. With the help of white board removable markers black spots were made onto the cut bottle bottoms that were removed by brushing over it with the help of toothbrush. This activity was thoroughly enjoyed by the children and was a great motivational and learning tool on how to brush teeth properly.

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Plastic bottle models used as molars for teaching brushing technique



Interns of the college marking caries with removable marker that will be erased by proper brushing



Sweeping away cavities by the supertools of dentistry "Toothbrush and Toothpaste"

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[Signature]
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Toothbrush magic: Turning cavities into smiles at Bal Upavan School



Toothbrush magic: Turning bedtime battles into cavity victories at Delhi Public School

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Cavity – busting fun: Where toothbrushes transforms into superhero sidekicks at Shiva Convent school.

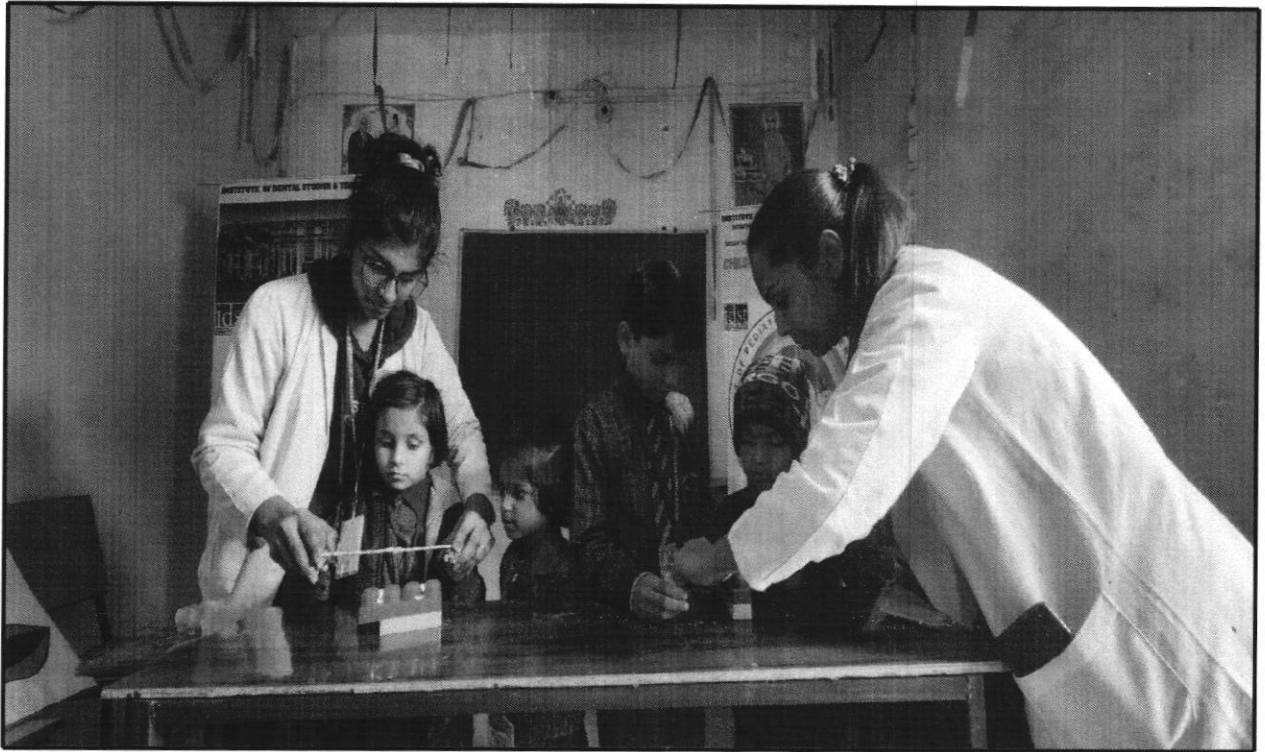
vi) Thread-a-Thon: Comedy and Cardio for Clean Teeth"

Flossing teeth activity was planned by using lego blocks as teeth, and dough/clay was used as retained food particles in between the teeth. This was removed using small soft fibre rope pieces that mimicked the floss.



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Flossing made fun with lego blocks at Prince Public school



Floss and Fun at Delhi Public school taught by the Pg students of the college

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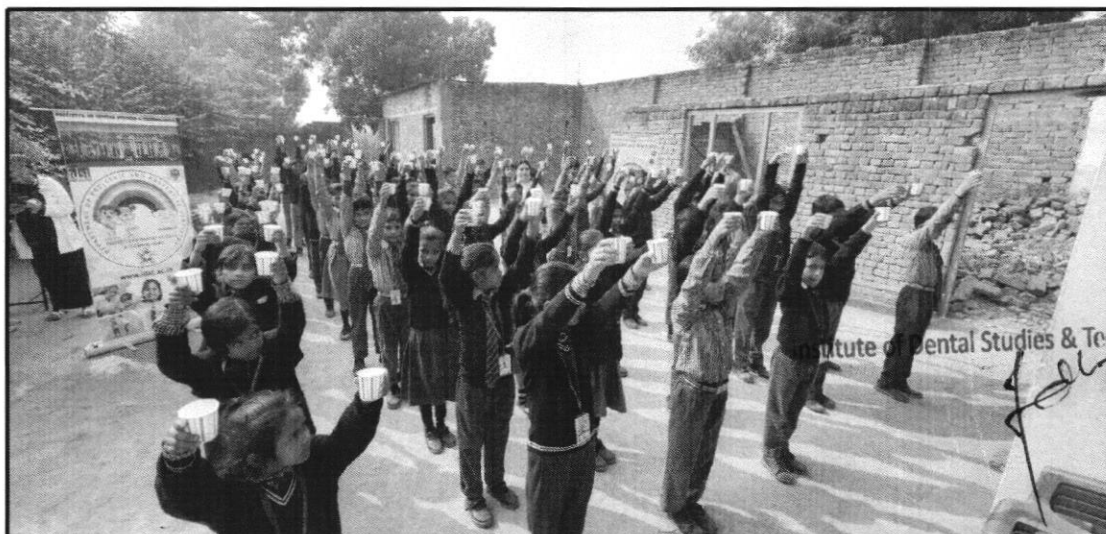
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An interactive session of flossing and learning between Pgs and children at Bal Upavan school

MOUTH RINSING

A Mouth rinsing program was planned for all the schools mentioned above, excluding the SHIVA CONVENT SCHOOL which was a playschool owing to the small age group of children over there. A kit was prepared for each student that contained two disposable glasses, Mouthrinse (FLUORITOP) and 1 napkin each. In one of the glass 2.5 ml of the mouthrinse diluted with 2.5 ml of the water was dispensed and the other glass was used to collect the spit out. All the used glasses and napkins were later collected in big garbage bags and were properly disposed off later. Instructions were given on how to rinse and how to spit and then under controlled supervision rinsing was done by all students together.



Mouthrinsing done at Bal Upavan School



Mouthrinsing done at Prince Public School



Mouthrinsing done at Delhi Public School

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Garbage collections in Big garbage bags after mouth rinsing

POWER POINT PRESENTATION

Three Power Point presentations were used for educating the students, teachers and the mothers

i) Presentation 1- Presentation for students & Toddlers

This PPT mainly focused on brushing techniques, healthy eating, tongue cleaning and importance of clean mouth



Lectures delivered to students of Prince Public School

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An interactive response of the children on the lecture delivered at Prince Public School



Lectures delivered to students of Delhi Public School by Post Graduate students of the college

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Lectures delivered to students of Delhi Public School by Post Graduate students of the college



Lectures delivered to students of Bal Upavan School by Post Graduate students of the college

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Lectures delivered to the students of Shiva Convent school by Post Graduate students of the college with an interactive and prompt response received from them.

ii) Presentation 2- Presentation for Teachers

2 presentations were given to the teachers

- First one focused on understanding the significance of good oral health, how to screen the teeth of children at school, inculcating good dietary habits for children and the basics of toothbrushing, type of toothpaste and toothbrush used.
- Second one focused on a very potent issue that is present in this belt of **Modinagar** region which is **Fluorosis**. An attempt was made to educate teachers about **what is fluorosis**, what are its clinical implications, how to identify it and how to motivate children and the parents to seek treatment at right time.

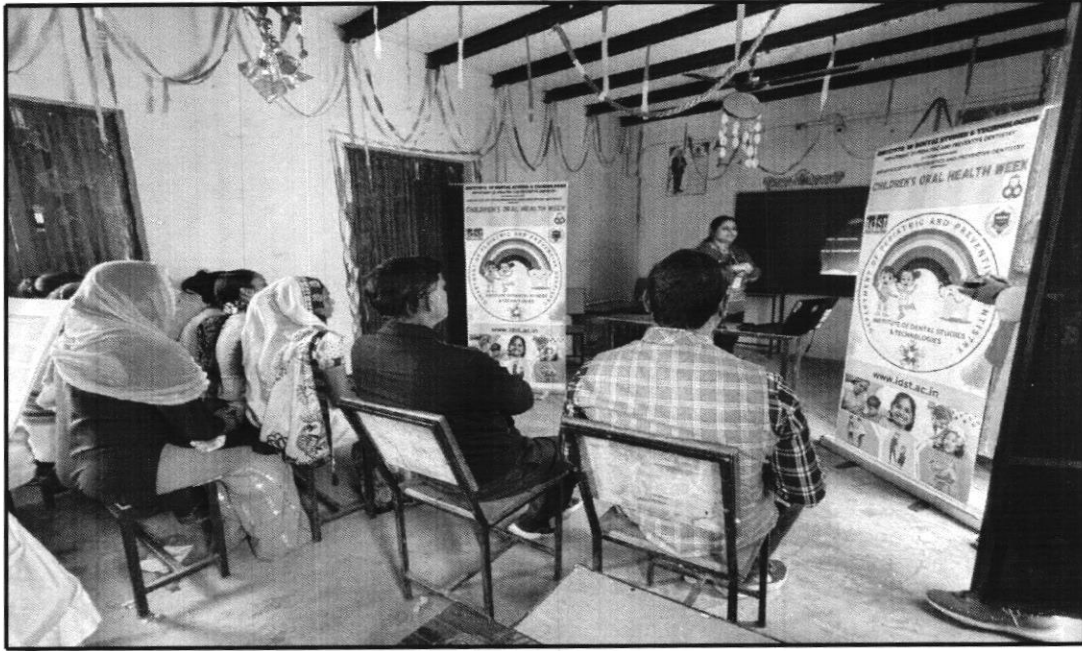


Lectures delivered to teachers of Bal Upavan school by Faculty of Department of Pediatric and Preventive Dentistry at IDST college

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Lectures delivered to teachers of Prince Public school by Faculty of Department of Pediatric and Preventive Dentistry at IDST college



Lectures delivered to teachers of Delhi Public school by Faculty of Department of Pediatric and Preventive Dentistry at IDST college

iii) Presentation 3- Presentation for Mothers

The presentation was prepared keeping in mind on teaching about the basics of oral hygiene care of the children to the mothers. The PPT included topics like importance of Dental home, basics of anticipatory guidance, feeding practices and infant oral health care.

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Principal



Lectures delivered to teachers and mothers of Shiva Convent school by Faculty of Department of Pediatric and Preventive Dentistry at IDST college

NUKKAD NATAK (Monkey See, Monkey Do)

A Nukkad Natak was organized for the children of pre-school at Shiva Convent school, their mothers and teachers as we remember what we visualize more rather than audios. A proper script was prepared by the interns of the college related to early childhood caries, nursing bottle caries, good and bad dietary habits, infant oral health care and importance of milk teeth. The nukkad natak was performed with full enthusiasm that surely left a positive impact to the audience present.



A scene from the Nukkad Natak performed at Shiva Convent school

Institute of Dental Studies & Technologies

Principal

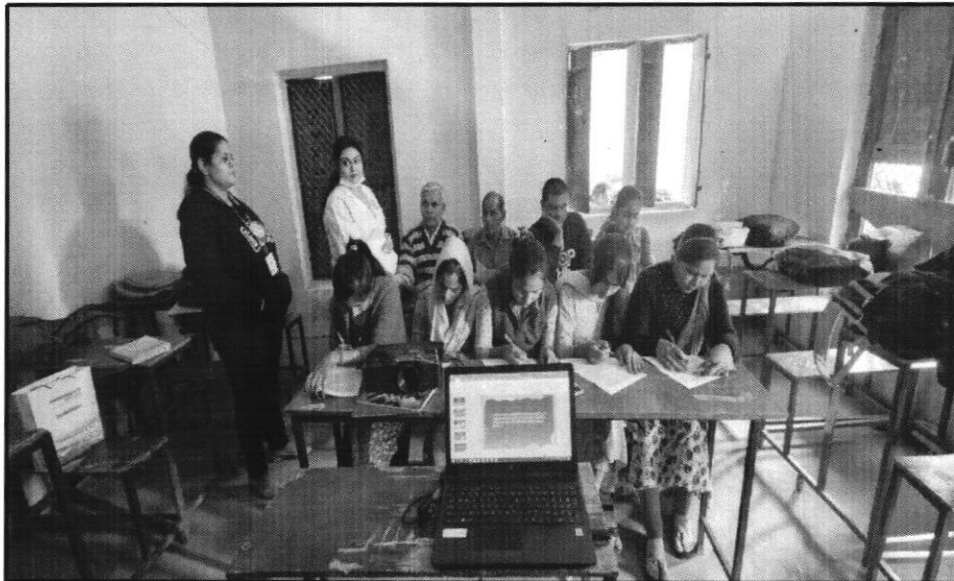


A scene from the Nukkad Natak performed at Shiva Convent school

QUIZ/QUESTIONNAIRE

There were 2 questionnaires and 1 quiz prepared for the entire program that was followed by distribution of certificates of participation to all teachers and gift distribution to all mothers

- **Questionnaire 1- for teachers after their presentation.**



Teachers of Bal Upavan School filling up the questionnaire

Institute of Dental Studies & Technologies

Principal



Teachers of Delhi Public School filling up the questionnaire

- Questionnaire 2- for mothers of pre-school children.



Mothers of Shiva Convent school filling up the questionnaire

- Quiz organized for UG students and Interns of the college.

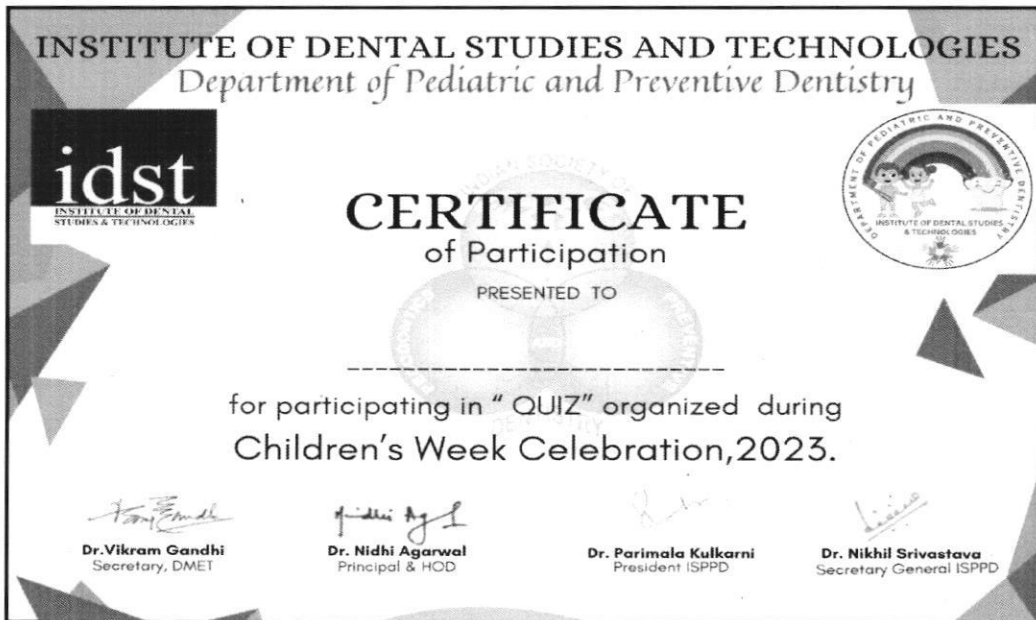
Institute of Dental Studies & Technologies

Principal



UG students and Interns participating in the quiz competition

All the participants were given certificates by IDST college under the aegis of ISPPD and the winner got a prize too.



Scanned copy of certificates provided to the participants

Institute of Dental Studies & Technologies
[Signature]
Principal



Certificate and Prize distribution at Bal upavan school



Certificate distribution at Delhi Public School



Certificate distribution at Prince Public School



Gifts distribution to mothers at Shiva convent school

KITS- DISTRIBUTION

- Kit included toothpaste & toothbrush packed neatly in a plastic pouch and was distributed to students as a token of love and care. Alongwith this pamphlets were also handed over to the children that have written instruction of basic oral hygiene care printed in both hindi and English language.



Picture of kits delivered to children at schools

Institute of Dental Studies & Technologies

Principal



TIPS FOR HEALTHY SMILE

- Parents should avoid saliva-sharing behaviors with children (eg-sharing spoons and cups) to reduce oral bacterial counts
- Brush twice daily with pea sized amount of fluoridated toothpaste regularly.
- For children above 6 years of age, use alcohol free mouthwash containing fluoride once daily.
- Prolonged thumb sucking beyond the age of 2 years can lead to irregularly spaced teeth.
- Prefer healthy food over junk food, to reduce risk of cavities.
- Limit consumption of sugar to less than five percent of total calories intake per day.
- Avoid added sugars in the diet of children younger than age of two.

NOTE: First Visit to the dentist by first birthday to maintain good oral health.



स्वस्थ मुस्कान के लिए युक्तियाँ

- मौखिक जीवाणुओं की संख्या को कम करने के लिए माता-पिता को बच्चों के साथ लार साझा करने के व्यवहार (जैसे चम्मच और कप साझा करना) से बचना चाहिए
- रोजाना दो बार मटर के बराबर मात्रा में फ्लोराइड युक्त टूथपेस्ट से नियमित रूप से ब्रश करें।
- 6 वर्ष से अधिक उम्र के बच्चों के लिए, दिन में एक बार फ्लोराइड युक्त अल्कोहल मुक्त माउथवॉश का उपयोग करें।
- 2 वर्ष की आयु के बाद लंबे समय तक अंगूठा चूसने से दांत टेढ़े-मेढ़े हो सकते हैं।
- कैविटीज़ के जोखिम को कम करने के लिए पौष्टिक आहार खाये।
- प्रतिदिन कुल कैलोरी सेवन के पांच प्रतिशत से कम चीनी का सेवन सीमित करें।
- दो वर्ष से कम उम्र के बच्चों के आहार में अतिरिक्त चीनी से बचें।

नोट: मौखिक स्वास्थ्य को अच्छा बनाए रखने के लिए पहले जन्मदिन पर दंत चिकित्सक के पास पहली बार जाएँ।

Picture of pamphlets distributed to children at school



Pamphlets distribution at Bal Upavan School

Institute of Dental Studies & Technologies

Principal



Pamphlets distribution at Prince Public school

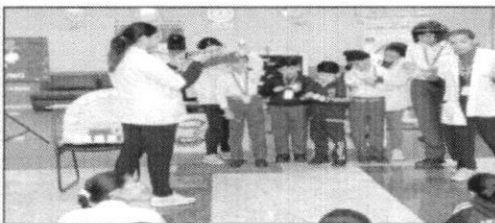


Pamphlets distribution at Shiva Convent school

MEDIA COVERAGE

The entire event was covered by various local newspapers of Modinagar city.

मुँह की स्वच्छता ही बेहतर स्वास्थ्य की कुंजी है: डॉ निधि अग्रवाल



मौखिक फॉर यू थ्योरी

मोदीनगर। दिल्ली पब्लिक स्कूल मोदीनगर में आईडीएसटी इंस्टेल कॉलेज में फ्री ब्राल दंत विभाग द्वारा मौखिक स्वास्थ्य जागरूकता कार्यक्रम का शुभारंभ कार्यक्रम गांधी द्वारा किया गया जिसमें 100 से अधिक बच्चों का दंत की जांच कर उनको उसके ख़ाल रखने के बारे में बताया और आईडीएसटी इंस्टेल कॉलेज

की प्रधानाचार्या डॉ निधि अग्रवाल ने बच्चों से कहा हमारे दंत जीतने स्वस्थ होंगे तो शरीर भी उससे ज्यादा स्वस्थ होगा इस कार्यक्रम का संचालनकर्ता डॉ आकांशा और सभी छात्र चिकित्सकों ने छात्रों को दंतों की देखभाल और सफाई से संबंधित अनेक बातें बतायीं और अलग-अलग गतिविधियों द्वारा दंतों की सुरक्षा के विषय में बताया। इंस्टेल



टीम ने छात्रों के साथ इसका विद्यालय के अध्यापकों को भी मौखिक स्वास्थ्य के लाभ और उपाय भी बताया और कहा कि ये अभिभावकों और छात्रों को समय इस समय पर दंतों का निरीक्षण करने के लिए प्रोत्साहित करें। इस अवसर पर दिल्ली पब्लिक स्कूल की प्रधानाचार्या श्रीमति ज्योति सक्सेना ने छात्रों और अध्यापकों

मौखिक स्वास्थ्य के प्रति जागरूक रहने और अभिभावकों को जागरूक करने के लिए बताया साथ ही इंस्टेल टीम दुबारा छात्रों को उपहार और दंतों की देखभाल से संबंधित निर्देश पत्र दिये गये इस मौके पर सलोनी पनवर, अरुणा चौधरी, मोनाक्षी शिवोदी, नीलम, सबीना, अर्चना आदि मुख्य

Institute of Dental Studies & Technologies

fdf

Principal

डीपीएस मोदीनगर में निःशुल्क दाँत चिकित्सा शिविर का हुआ आयोजन

शाह टाइम्स संवाददाता

मोदीनगर। दिल्ली पब्लिक स्कूल मोदीनगर में आईडीएसटी डेंटल कॉलेज के दाँत विभाग द्वारा मौखिक स्वास्थ्य जागरूकता शिविर का आयोजन किया गया, शिविर का शुभारंभ स्कूल के चेयरमैन विक्रम गांधी द्वारा किया गया, शिविर में 100 से अधिक बच्चों का दाँत की जाँच कर दाँतों की सफाई की जानकारी दी गई। आईडीएसटी डेंटल कॉलेज की प्रधानाचार्या डॉ निधि अग्रवाल ने बच्चों से कहा हमारे दाँत जीतने स्वस्थ होंगे तो शरीर भी उससे ज्यादा स्वस्थ होगा। कार्यक्रम का संचालनकर्ता डॉ आकांक्षा ने किया। सभी चिकित्सकों ने छात्रों को दाँतों की देखभाल और सफाई से संबंधित अनेक बातें बतायीं और अलग-अलग गतिविधियों द्वारा दाँतों की सुरक्षा के विषय में बताया। डेंटल टीम ने छात्रों



के साथ साथ विद्यालय के अध्यापकों को भी मौखिक स्वास्थ्य के लाभ और उपाय भी बताए और कहा कि वे अभिभावकों और छात्रों को समय-समय पर दाँतों का निरीक्षण कराने के लिए प्रोत्साहित करें। इस अवसर पर दिल्ली पब्लिक स्कूल की प्रधानाचार्या ज्योति सक्सेना ने छात्रों और अध्यापकों को मौखिक स्वास्थ्य

के प्रति जागरूक रहने और अभिभावकों को जागरूक करने के लिए बताया साथ ही डेंटल टीम द्वारा छात्रों को उपहार और दाँतों की देखभाल से संबंधित निर्देश पत्र दिये गये इस अवसर पर सलोनी पंचार, अरुणा चौधरी, मीनाक्षी सिरौही, नीलम, सबीना, अर्चना आदि प्रमुख रूप से मौजूद रहे।



मुँह की स्वच्छता ही बेहतर स्वास्थ्य की कुंजी है!

मोदीनगर (मोदीनगर चर्चा न्यूज)। गुरुवार को दिल्ली पब्लिक स्कूल मोदीनगर में आईडीएसटी डेंटल कॉलेज में पत्रिका दाँत विभाग द्वारा मौखिक स्वास्थ्य जागरूकता कार्यक्रम का शुभारंभ विक्रम गांधी द्वारा किया गया। जिसमें 100 से अधिक बच्चों का दाँत की जाँच कर उनको उसके खयाल रखने के बारे में जागरूक किया गया। और आईडीएसटी डेंटल कॉलेज की प्रधानाचार्या डॉ निधि अग्रवाल ने बच्चों से कहा हमारे दाँत जीतने स्वस्थ होंगे तो शरीर भी उससे ज्यादा स्वस्थ होगा। कार्यक्रम का संचालन करते हुए डॉ आकांक्षा और सभी छात्र चिकित्सकों ने छात्रों को दाँतों की देखभाल और सफाई से संबंधित अनेक बातें बतायीं और अलग-अलग गतिविधियों द्वारा दाँतों की सुरक्षा के विषय में बताया। डेंटल टीम ने छात्रों के साथ-साथ विद्यालय के अध्यापकों को भी मौखिक स्वास्थ्य के लाभ और उपाय भी बताए और कहा



कि वे अभिभावकों और छात्रों को समय-समय पर दाँतों का निरीक्षण कराने के लिए प्रोत्साहित करें। इस अवसर पर दिल्ली पब्लिक स्कूल की प्रधानाचार्या श्रीमति ज्योति सक्सेना ने

छात्रों और अध्यापकों को मौखिक स्वास्थ्य के प्रति जागरूक रहने और अभिभावकों को जागरूक करने के लिए बताया साथ ही डेंटल टीम द्वारा छात्रों को उपहार और दाँतों की

देखभाल से संबंधित निर्देश पत्र दिये गये इस मौके पर सलोनी पंचार, अरुणा चौधरी, मीनाक्षी सिरौही, नीलम, सबीना, अर्चना आदि मुख्य रूप से मौजूद थे।

Institute of Dental Studies & Technologies

[Handwritten Signature]

Principal

फ्री बाल दंत विभाग द्वारा मौखिक स्वास्थ्य जागरूकता कार्यक्रम का किया शुभारंभ

दिल्ली पब्लिक स्कूल में स्वास्थ्य जागरूकता कार्यक्रम का आयोजन



संलग्न कार्यक्रम की दृष्टि

मोदीनगर (अखिल ब्रिज) : दिल्ली पब्लिक स्कूल मोदीनगर का आईडीएसटी डेंटल कॉलेज में फ्री बाल दंत विभाग द्वारा मौखिक स्वास्थ्य जागरूकता कार्यक्रम का शुभारंभ किया गया। जिसमें 100 से अधिक बच्चों का दंत की जांच कर उनके उसके खयाल रखने के बारे में बताया। और आईडीएसटी डेंटल कॉलेज की प्रधानाचार्या डॉ निधि अग्रवाल ने

बच्चों को दंत की जांच कर उनके उसके खयाल रखने के बारे में बताया।

डेंटल टीम ने छात्रों के साथ-साथ विद्यालय के अध्यापकों को भी मौखिक स्वास्थ्य के लाभ और उपाय भी बताया और कहा कि वे अध्यापकों और छात्रों को समय-समय पर दंतों का निरीक्षण करने के

लिए प्रोत्साहित करें। इस अवसर पर दिल्ली पब्लिक स्कूल की प्रधानाचार्या श्रीमती ज्योति सक्सेना ने छात्रों और अध्यापकों को जागरूक करने के लिए बताया साथ ही डेंटल टीम द्वारा छात्रों को उपहार और दंतों की देखभाल से संबंधित निदेश प्रदान किए। इस मौके पर सलोनी पनवर, अरुणा चौधरी, मीनाक्षी सिरौही, नीलम, सवीना, अर्चना आदि मुख्य रूप से मौजूद थे।



मोदीनगर (पिरता गृहि संवाददाता)



मोदीनगर (पिरता गृहि संवाददाता)

दिल्ली पब्लिक स्कूल मोदीनगर में आईडीएसटी डेंटल कॉलेज में फ्री बाल दंत विभाग द्वारा मौखिक स्वास्थ्य जागरूकता कार्यक्रम का शुभारंभ माननीय विक्रम गांधी द्वारा किया गया। जिसमें 100 से अधिक बच्चों का दंत की जांच कर उनके खयाल रखने के बारे में बताया और आईडीएसटी डेंटल कॉलेज की प्रधानाचार्या डॉ निधि अग्रवाल ने बच्चों से कहा हमारे दंत जीतने स्वस्थ होंगे तो शरीर भी उससे ज्यादा स्वस्थ होगा। इस कार्यक्रम का संचालनकर्ता डॉ आकांक्षा और सभी छात्र विधिवत से छात्रों को दंतों की देखभाल और सफाई से संबंधित अनेक बातें बतायीं और अलग-अलग गतिविधियों द्वारा

दंतों की सुरक्षा के विषय में बताया। डेंटल टीम ने छात्रों के साथ साथ विद्यालय के अध्यापकों को भी मौखिक स्वास्थ्य के लाभ और उपाय भी बताया और कहा कि वे अधिभावकों और छात्रों को समय-समय पर दंतों का निरीक्षण करने के लिए प्रोत्साहित करें। इस अवसर पर दिल्ली पब्लिक स्कूल की प्रधानाचार्या श्रीमती ज्योति सक्सेना ने छात्रों और अध्यापकों को मौखिक स्वास्थ्य के प्रति जागरूक करने के लिए बताया साथ ही डेंटल टीम द्वारा छात्रों को उपहार और दंतों की देखभाल से संबंधित निदेश प्रदान किए। इस मौके पर सलोनी पनवर, अरुणा चौधरी, मीनाक्षी सिरौही, नीलम, सवीना, अर्चना आदि मुख्य रूप से मौजूद थे।

मुँह की स्वच्छता ही बेहतर स्वास्थ्य की कुंजी है!

मोदीनगर (मोदीनगर चर्चा न्युज) : गुरुवार को दिल्ली पब्लिक स्कूल मोदीनगर में आईडीएसटी डेंटल कॉलेज में फ्री बाल दंत विभाग द्वारा मौखिक स्वास्थ्य जागरूकता कार्यक्रम का शुभारंभ विक्रम गांधी द्वारा किया गया। जिसमें 100 से अधिक बच्चों का दंत की जांच कर उनके उसके खयाल रखने के बारे में जागरूक किया गया। और आईडीएसटी डेंटल कॉलेज की प्रधानाचार्या डॉ निधि अग्रवाल ने बच्चों से कहा हमारे दंत जीतने स्वस्थ होंगे तो शरीर भी उससे ज्यादा स्वस्थ होगा। कार्यक्रम का संचालन करते हुए डॉ आकांक्षा और सभी छात्र विधिवत से छात्रों को दंतों की देखभाल और सफाई से संबंधित अनेक बातें बतायीं और अलग-अलग गतिविधियों द्वारा दंतों की सुरक्षा के विषय में बताया। डेंटल टीम ने छात्रों के साथ डूसाथ विद्यालय के अध्यापकों को भी मौखिक स्वास्थ्य के लाभ और उपाय भी बताया और कहा



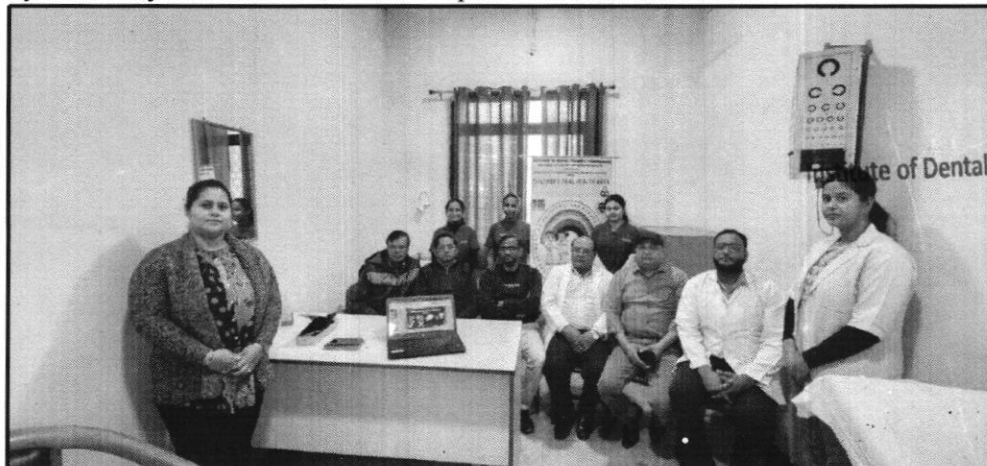
कि वे अधिभावकों और छात्रों को समय-समय पर दंतों का निरीक्षण करने के लिए प्रोत्साहित करें। इस अवसर पर दिल्ली पब्लिक स्कूल की प्रधानाचार्या श्रीमती ज्योति सक्सेना ने

छात्रों और अध्यापकों को मौखिक स्वास्थ्य के प्रति जागरूक करने के लिए बताया साथ ही डेंटल टीम द्वारा छात्रों को उपहार और दंतों की

देखभाल से संबंधित निदेश प्रदान किए। इस मौके पर सलोनी पनवर, अरुणा चौधरी, मीनाक्षी सिरौही, नीलम, सवीना, अर्चना आदि मुख्य रूप से मौजूद थे।

TALK WITH PEDIATRICIAN

A group of pediatricians were invited to IDST Mayo Hospital and a presentation was prepared for them related to importance of primary teeth, maintaining good oral hygiene in children, brushing habits and Dental Fluorosis. The doctors were humble enough to accept the invitation and listen carefully to the talk and appreciated our efforts in educating about the basics to all. This was followed by a healthy interactive session of questions and answers.



Group photograph of the dental team and pediatricians

Institute of Dental Studies & Technologies
Principal

GROUP PHOTOGRAPHS

Group photographs were taken with each participating school. An educational poster related to good and bad dietary habits for oral hygiene maintenance was handed over to the principal of the school.



Group photograph at Bal Upavan School



Group photograph at Prince Public School



Poster handover at Prince Public School

fdv

Principal



Group Photograph at Delhi Public School



Poster handover at Delhi Public School



Group photograph at Shiva Convent School

Institute of Dental Studies & Technologies

Principal



Group photograph at Shiva Convent School

The summary of the event is as follows:

	Target Audience	Lecturer	Prop Based Activities						Mouthrinsing Programme	Mass Awareness Technique
			Application of toothpaste on toothbrush	Brushing Technique demonstration	Handmade cardboard educational poster	Big jaws small microbes elimination	Bottle caps used as molar for depicting and removing caries	Flossing		
PRINCE PUBLIC SCHOOL	Children of classes II-V	✓	✓	✓	✓	✓	✓	✓	✓	Pamphlet Distribution and tooth paste and tooth brush ✓
HIVA CONVENT SCHOOL	Toddlers and Mothers	✓	✓	✓	✓	✓	✓	✓		Nukkad Natak, Pamphlet Distribution and tooth paste and tooth brush ✓
DELHI PUBLIC SCHOOL	Children of classes II-V	✓	✓	✓	✓	✓	✓	✓	✓	Pamphlet Distribution and tooth paste and tooth brush ✓

Institute of Dental Studies & Technologies

[Handwritten Signature]

Principal

AL PAVAN SCHOOL	Childre n of classes II-V	✓	✓	✓	✓	✓	✓	✓	Pamphlet Distributio n and tooth paste and tooth brush ✓
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Institute of Dental Studies & Technologies

faa
Principal

ENERGY CONSERVATION DAY, 14/12/23



Institute of Dental Studies & Technologies

(Under the auspices of Dental & Medical Educational Trust)

"NAAC ACCREDITED"



Ref. No. IDST/N.E.T./2023/604

Date 11/12/2023

NOTICE

Department of Oral Pathology & Microbiology shall be celebrating "NATIONAL ENERGY CONSERVATION DAY" on 14th December 2023 (Thursday). All BDS Ist year students (Batch 2023-2027) are encouraged to participate enthusiastically in the competitive events as per the following schedule.

Time: 8:30 AM- 10:30AM

Venue: Oral Pathology Lab

Theme: Energy Conservation & its positive impact on global ecosystems

Events: 1. Drawing competition (A3 Sheet)

2. Essay Writing (250 words)


Dr. Nidhi Agarwal
Principal



Copy to:

1. The Chairperson, DMET
2. The Secretary, DMET
3. All HOD's
4. All Notice Boards

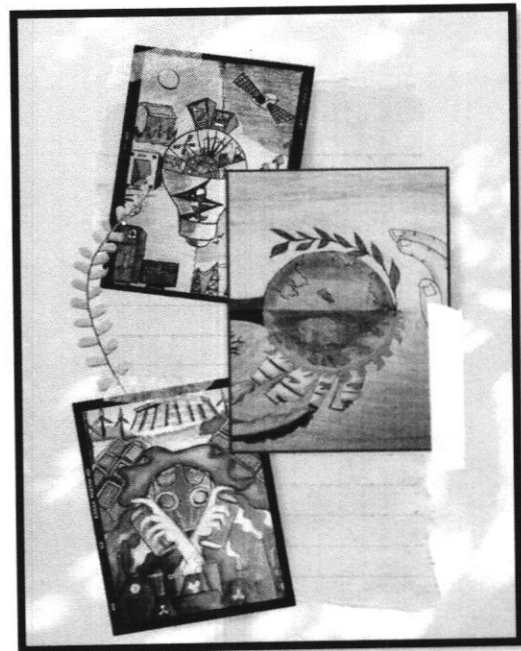
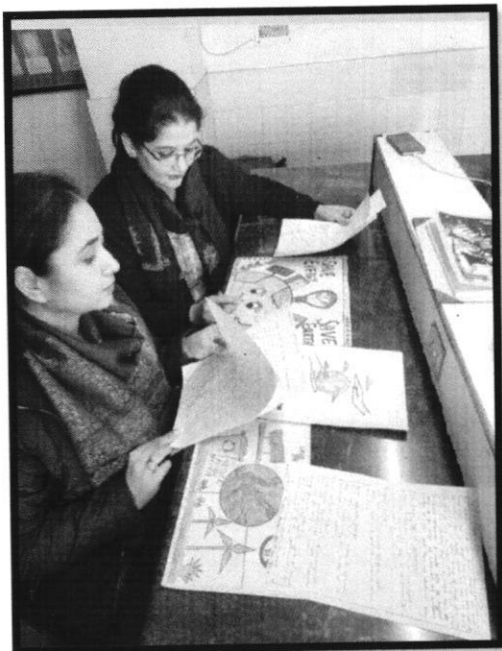
Delhi-Meerut Road, Kdrabad, Modinagar-201201, Distt. Ghaziabad (U.P.)
+91-7617665588 | idst.ac.in | info@idst.ac.in

Institute of Dental Studies & Technologies



Principal

Picture 1



Institute of Dental Studies & Technologies

A handwritten signature in black ink, appearing to be 'J. K. ...', written over the printed name of the Principal.

Principal

REPORT

Energy Conservation Day	
Date	14/12/23
Time	8:30AM -10:30AM
Venue	Oral Pathology Laboratory
Attendees	BDS 1 st year (60 attendees)

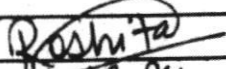
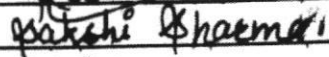
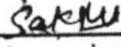
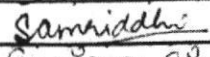
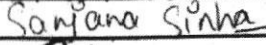
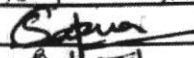
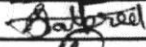

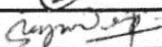
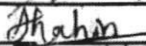


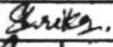

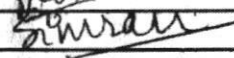
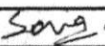
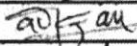
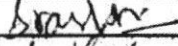
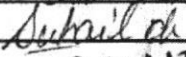
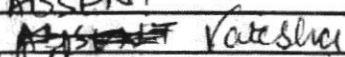

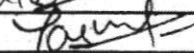
Brief Summary/ Report of the Event

Energy Conservation day was enthusiastically celebrated by the Department of Oral Pathology & Microbiology on 14/12/23. BDS 1st year students actively participated in the drawing and essay writing competitions organized on the day.

The entries were judge by senior faculty members from dental fraternity. Students were told about the importance and ways of energy conservation. It was heartwarming to see the response from the participants. They cheered and encouraged by all.

Institute of Dental Studies & Technologies

Principal

S.No.	Name	Signature
41	Roshita Singh	
42	Sakshi Sharma	
43	Sakshi Singh	
44	Samridhi Gautam	
45	Sanjana Sinha	
46	Sapna	
47	Sat Preet Taki	
48	Saumya Peter	
49	Sayandeep Baral	
50	Shahin Iraj Alom	
51	Shamim Aktar	ABSENT
52	Shitij Sharma	
53	Shivi Kumari	
54	Shrika Dutta	
55	Shugan Sharma	
56	Simran Kumari	
57	Sk Ahmad Ali	ABSENT
58	Sona Sharma	
59	Sonam Wangmo	
60	Srashti	
61	Suhail Choudhary	
62	Swati Kumari	ABSENT
63	Varsha Kumari	ABSENT 
64	Vishakha Gupta	
65	Yash Malik	

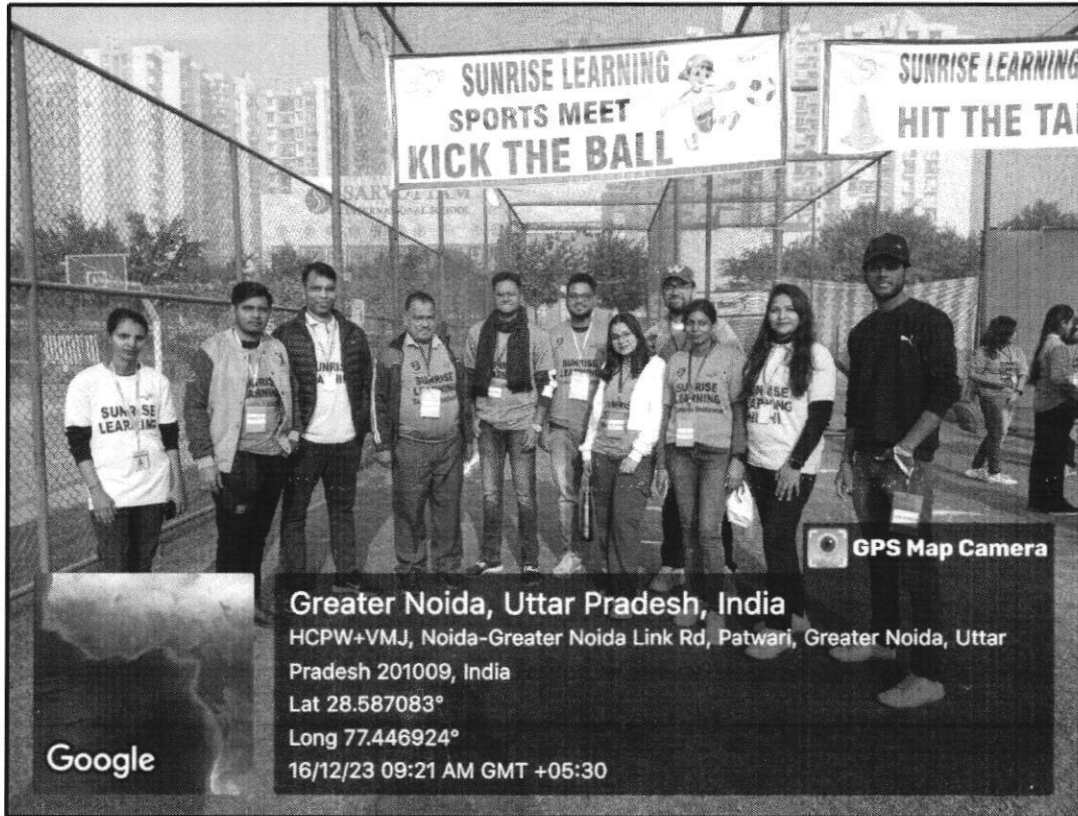
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Institute of Dental Studies & Technologies

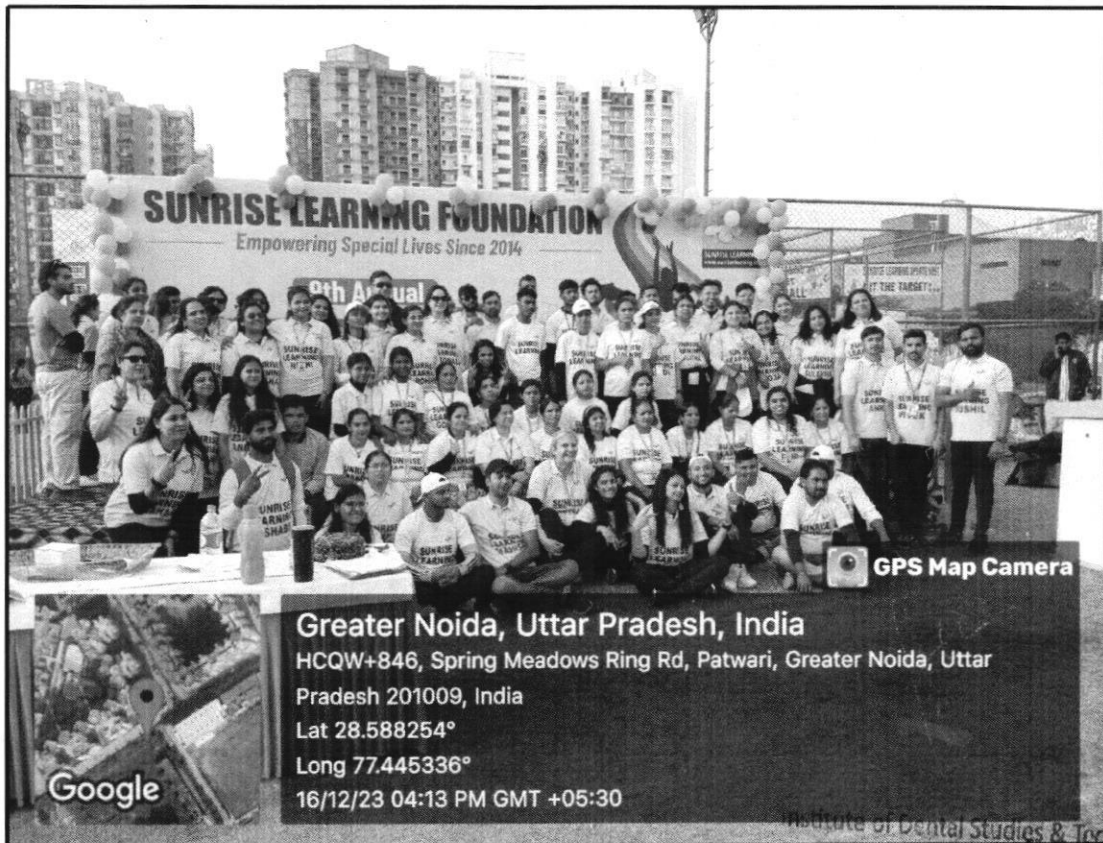
Principal

World Autism Awareness Day

Picture 1



Picture 2



Christmas Day

Picture 1



Picture 2



Picture 3



Institute of Mental Studies & Technologies

Principal

Republic Day



Institute of Dental Studies & Technologies

(Under the auspices of Dental & Medical Educational Trust)

"NAAC ACCREDITED"



Ref. No. IDST/DOC/2024/727

Date 24.01.2024

Notice

All the faculty of the college have to be present for the 'Rashtragan Desh Ka Maan' Event on 26th January 2024 at 9:30 am in DPS Ground as per the invitation already sent for Republic Day Celebration.

(Dr. Nidhi Agarwal)
Principal

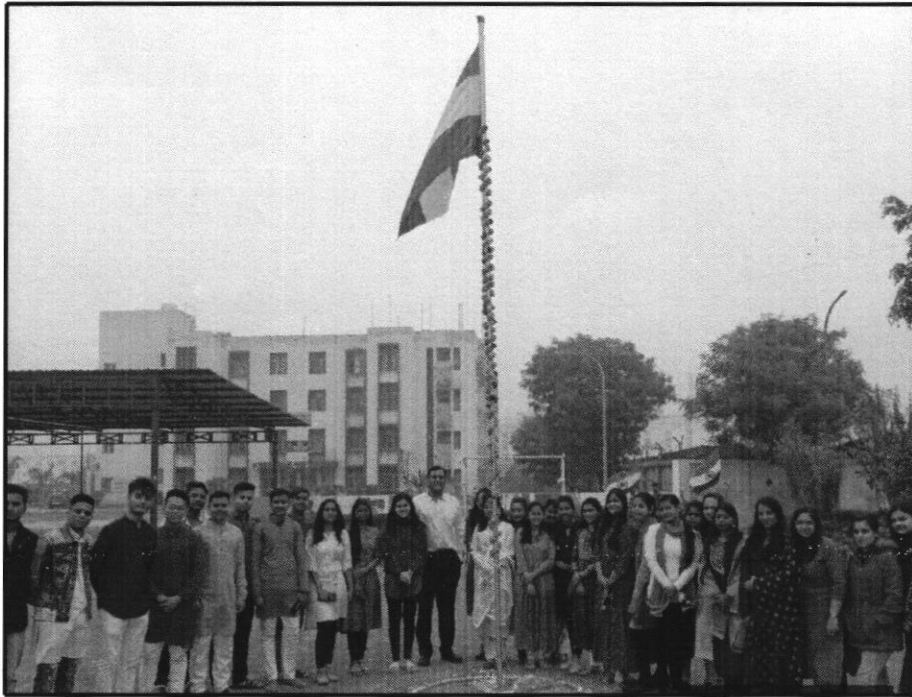
Copy to:
The Chairperson, DMET
The Secretary, DMET
All HOD's

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Picture 1



Picture 2



Institute of Dental Studies & Technologies

A handwritten signature in black ink, appearing to be 'J. K. Singh' or similar, written over the printed name of the Principal.

Principal

Hepatitis B Vaccine



Ref. No. IDST/CIR/20/2024

Date: 08/02/2024

From Director PG Studies

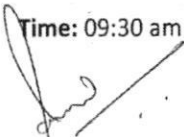
NOTICE

All the BDS (2023-27 batch) and MDS (2023-26 batch) students are hereby informed that the first dose of **Hepatitis- B Vaccine** will be given on 09th February 2024.

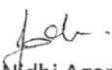
Date: 09th February 2024

Venue: IDST Mayo Hospital

Time: 09:30 am to 10:30 am


Dr. Gaurav Mittal
Director PG Studies




Dr. Nidhi Agarwal
Principal, IDST

Copy to:

- The Chairperson, DMET
- The Secretary, DMET
- The HOD's
- M.S. IDST Mayo Hospital
- All Notice Boards

Institute of Dental Studies & Technologies



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Picture 1 (Hepatitis B Vaccine)



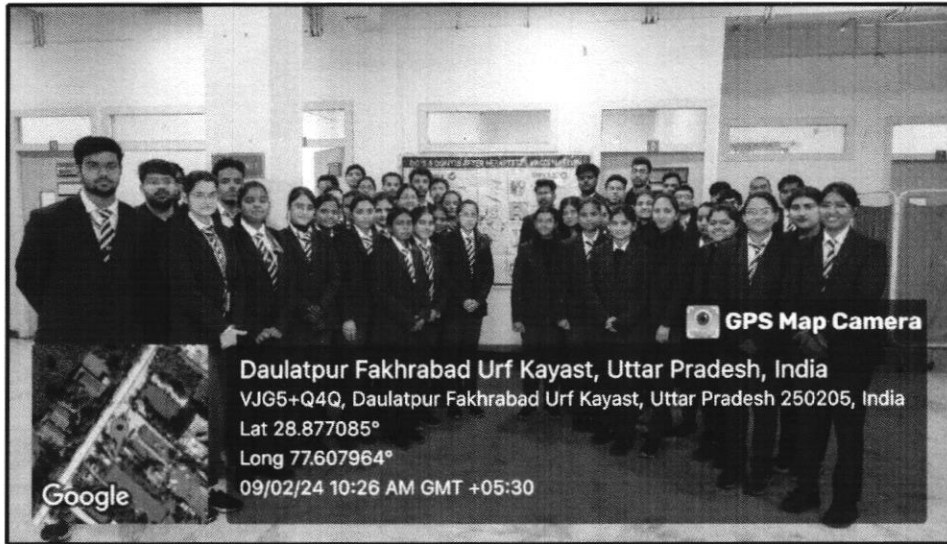
Picture 2 (Hepatitis B Vaccine)



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Principal

Picture 3 (Hepatitis B Vaccine)



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National Periodontist Day



Ref. No. IDST/DIR/26/2024

Date: 17/02/2024

Notice

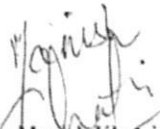
Department of Periodontology in association with Indian Society of Periodontology is conducting a two months oral health awareness drive with a theme "Say No To Bleeding Gums- A Pink Health Initiative" wherein patients will be screened in the month of February & March 2024 and will be distributed with medicated toothpaste.


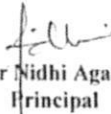
As a part of this drive **National Periodontist Day** will be celebrated on **Friday, 23rd February, 2024**. The programme includes Lecture and Nukkad Natak.

Entries are invited from Undergraduate & Post Graduate students, Interns & Faculty for Video Reels and Slogan Writing competition.

GUIDELINES FOR PARTICIPATION IN "NATIONAL PERIODONTIST DAY"

- 1) All must mention their name, category of participation and year of study (for students).
- 2) Video reels must be theme based and should not extend beyond 60 seconds.
- 3) Slogan writing must be theme based and should be submitted in PDF format.
- 4) All the Entries is to be uploaded on periodist@gmail.com by 22nd February 2024 till 10 AM.


Dr Manish Khatri
Vice Principal - Administration
Professor & Head
Department of Periodontology



Dr Nidhi Agarwal
Principal

Institute of Dental Studies & Technologies


Principal

**REPORT –NATIONAL PERIODONTIST DAY
23rd FEBRUARY 2024**

TOPIC	NATIONAL PERIODONTIST DAY
DEPARTMENT	PERIODONTOLOGY
DATE	23rd FEBRUARY 2024
TIME	10:00 AM ONWARDS
ATTENDEES	IDST Faculty & Post Graduates, Interns And Undergraduate Students
VENUE	Colgate Auditorium, Institute of Dental Studies & Technologies

SUMMARY

Under the flagship of Dr Vikram Gandhi, Secretary, DMET and Dr Nidhi Aggarwal, Principal IDST, Department of Periodontology in association with Indian Society of Periodontology is conducting a TWO month Oral Health awareness drive with the theme "Say No to Bleeding Gums- A Pink Health Initiative".

As a part of this drive, "**National Periodontist Day**" was celebrated on **23rd February 2024**, wherein Dr. Manish Khatri (Professor & Head) and Dr. Mansi Bansal (Professor) inculcated the knowledge about the importance of gum health to the students and general population.

The event along with few competitions were fastidiously planned and executed by **Dr Manish Khatri**, Vice Principal (Administration), Professor & Head of Department and his team members, **Dr Mansi Bansal** (Professor), **Dr. Narender Yadav**, **Dr Mohd Rehan** (Readers), **Dr Sakshi Gaiind**, **Dr Pratiksha Tripathi** (Senior Lecturers), Post Graduate students and Interns of the Department of Periodontology.

The events included:

1. Nukkad Natak presentation by Postgraduate students of Department of Periodontology on awareness about role of oral and gum health on general health of an individual.
2. Slogan Writing competition.
3. Video Reel Competition.
4. Free dental health screening.
5. Free distribution of toothpastes and toothbrushes.

There was an enthusiastic participation from all Heads and faculty members of the various other Departments, Postgraduate students, Interns and Undergraduate Students of the Institute.

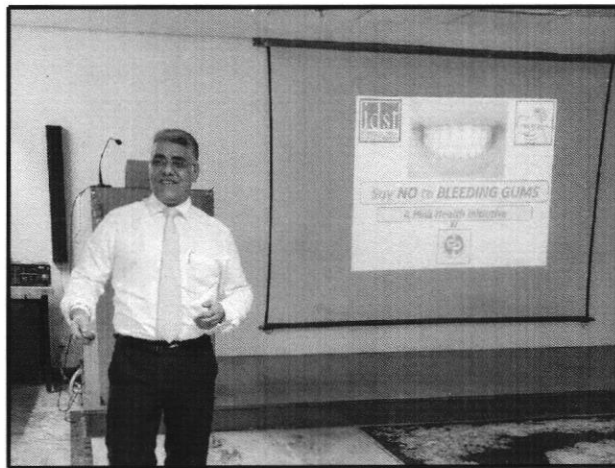
Institute of Dental Studies & Technologies

Principal

Picture 1 Cake cutting ceremony



Picture 2 Lecture by Dr Manish Khatri



Institute of Dental Studies & Technologies

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Picture 3 Lecture by Dr Mansi Bansal



Faculty and students attending lecture (picture 1)



Faculty and students attending lecture (picture 2)



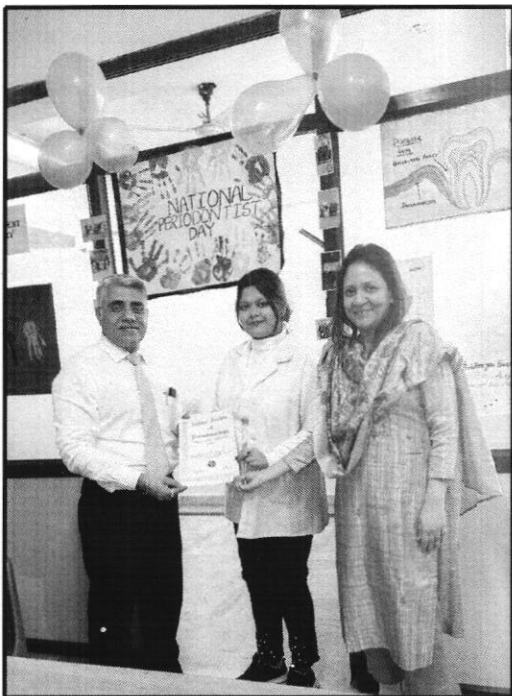
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Nukkad Natak



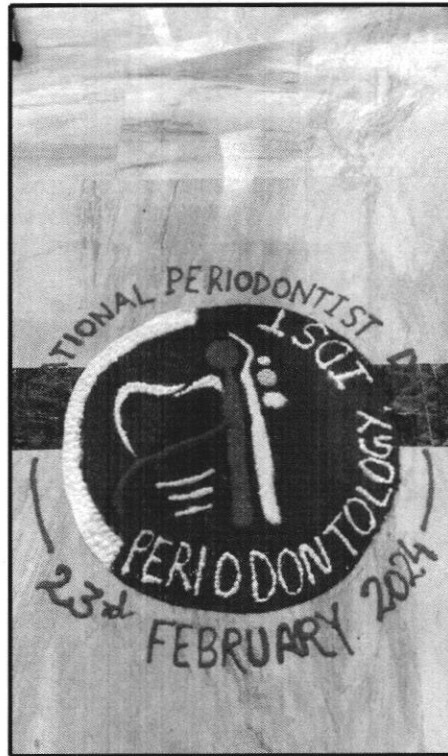
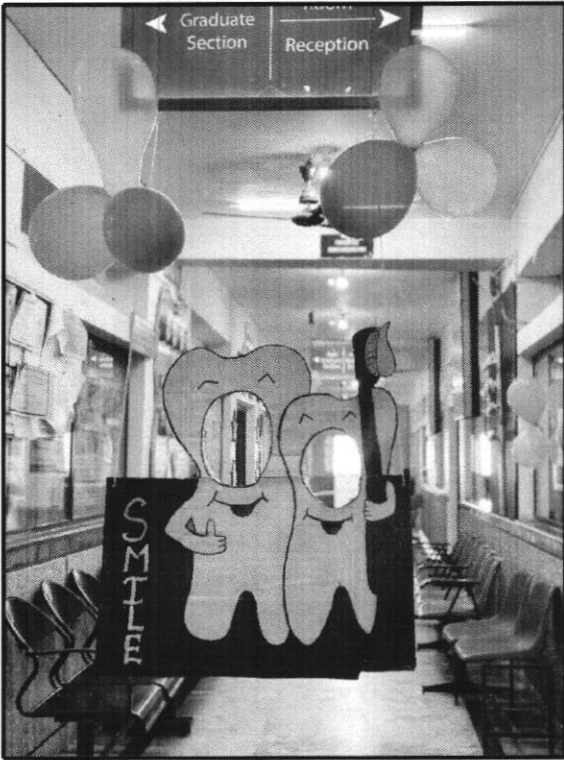
Distribution of certificates to winners



Institute of Dental Studies & Technologies

Principal

Decoration in the department



Institute of Dental Studies & Technologies

Principal

National Oral Pathology Day



Ref.No.IDST/CIR/27/2024

Date: 19/09/2024

NOTICE

Department of Oral Pathology and Microbiology is celebrating **National Oral Pathologist Day** on the Occasion Of birth anniversary of **Dr. H.M Dholakia (25th February)** by conducting a **Tissue Processing demonstration program, Fruit carving and Just a minute competition.**

The events are scheduled for **Tuesday, 27th February** as follows:-

❖ Fruit carving and Just a minute competition (BDS 1st and 2nd and 3rd Year)

Timing: 9.00AM- 11:00AM.


Venue: Oral Pathology lab.


❖ Tissue Processing demonstration program (BDS 1st year)

Timing: 12:00PM- 3:00PM

Venue: Oral Pathology lab

We encourage the students to participate enthusiastically and make it a grand success.


Dr. Nutan Tyagi
Professor & Head
Dept of Oral pathology


Dr. Nidhi Agarwal
Principal

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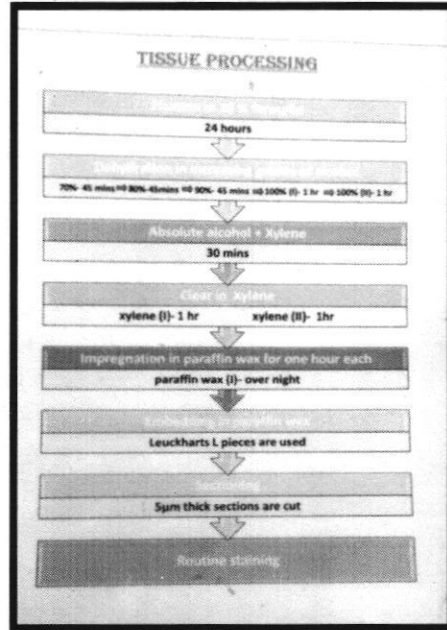
1. The Chairperson, DMIT
2. The Secretary, DMIT
3. All HOD'S
4. All Notice Boards

Institute of Dental Studies & Technologies


Principal

Pictures

ORAL PATHOLOGY DAY 2024



Students actively participating in the Oral PATHOLOGY day celebrations.

Institute of Dental Studies & Technologies
[Signature]
Principal

REPORT

Oral Pathology Day Tissue Processing Workshop	
Date	27/02/24
Time	12:00PM -3:00PM
Venue	Oral Pathology Laboratory
Attendees	BDS 1 st year

Brief Summary/ Report of the Event

A workshop on tissue processing was successfully conducted by the department of Oral Pathology & Microbiology on 27/02/24 as part of Oral Pathology Day celebration to commemorate the Birth Anniversary of Dr H.M. Dholakia . BDS Ist year students enthusiastically participated in the same and they were taken through all the steps of processing and staining. The various chemicals used, their substitutes and the steps to making a stained slide for final diagnosis was shown to the students. The use of H and E as a golden standard stain in day to day lab working, use of microtome as well as deparaffinization was demonstrated. Students were given handouts for easy learning of the steps.

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ATTENDANCE (Oral Pathology Day 27/2/24)

S no.	Name	ATTENDANCE
1.	Aadya Sharma	Present
2.	Abhishek Jha	Present
3.	Ajmin Sultana	Present
4.	Aklavya Yadav	Present
5.	Alina Hasan	Present
6.	Alpna Chaudhary	Present
7.	Anisa Bente Rahman	Present
8.	Anjali Kumari	Present
9.	Arnab Sarkar	Present
10.	Arpit Kumar	Present
11.	Arsalaan Aijaz	Present
12.	Ayesha Javed	Present
13.	Darshika Garg	Present
14.	Deeksha	Present
15.	Effat Nasir	Present
16.	Farha Naaz	Present
17.	Farhaan Siddiqui	
18.	Himanshi Pal	Present
19.	Himanshi Sonkar	Present
20.	Iqra Aslam	Present
21.	Kajal Singh	Present
22.	Kartik Kumar Ray	Present
23.	Mantsha Amir	Present
24.	Mehak Kohli	Present
25.	Mohan Sharma	Present
26.	Mohd Kaif	Present
27.	Mohd Shadab Malik	Present
28.	Mohd Wahid Reza	Present
29.	Mustafizur Rahman	Present
30.	Neetu Tiwari	Present
31.	Neharika Singh	Present
32.	Parikalp Sharma	Present
33.	Payal Garg	Present
34.	Pragya Shree	Present
35.	Pranjal Garg	Present
36.	Prateek	Present
37.	Priyanka Shah	Present
38.	Rajnandani Singh	Present
39.	Ravi Raj	Present
40.	Rickzin Wangchuk Bhutia	Present
41.	Roshita Singh	Absent
42.	Sakshi Sharma	Present

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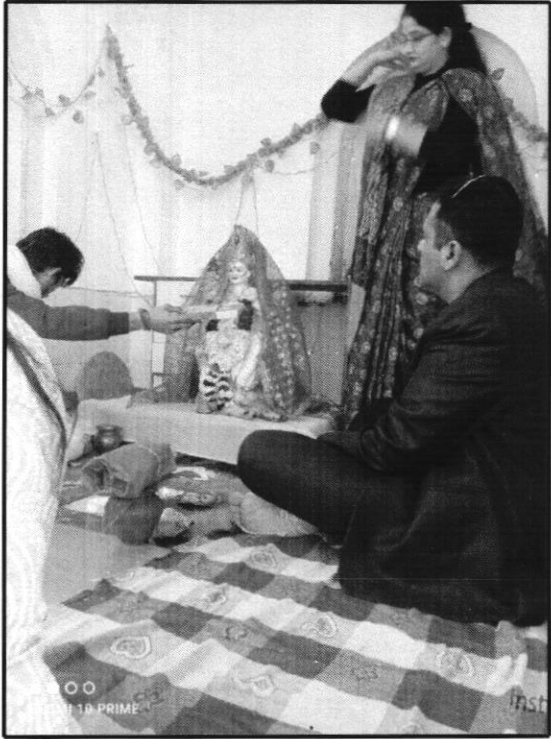
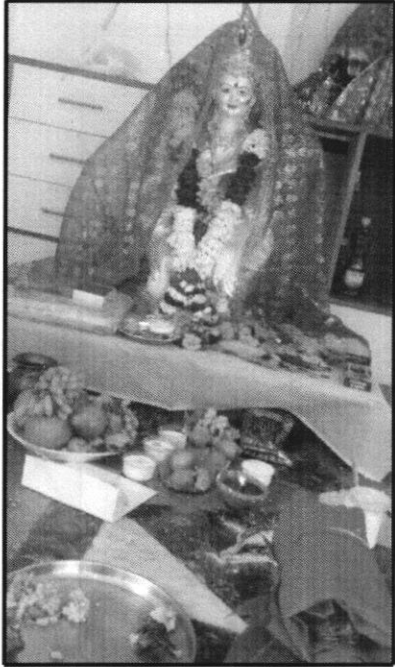
43.	Sakshi Singh	Present
44.	Samriddhi Gautam	Present
45.	Sanjana Sinha	Present
46.	Sapna	Present
47.	Sat Preet Taki	Present
48.	Saumya Peter	Absent
49.	Sayandeep Baral	Present
50.	Shahin Ijaj Alom	Present
51.	Shamim Aktar	Present
52.	Shitij Sharma	Present
53.	Shivi Kumari	Present
54.	Shrika Dutta	Present
55.	Shugan Sharma	Present
56.	Simran Kumari	Present
57.	Sk Ahmad Ali	Present
58.	Sona Sharma	Absent
59.	Sonam Wangmo	Present
60.	Srashti	Present
61.	Suhail Choudhary	Present
62.	Swati Kumari	Present
63.	Varsha Kumari	Present
64.	Vishakha Gupta	Present
65.	Yash Malik	Present

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Basant Panchami



Institute of Dental Studies & Technologies

Principal

Dentist Day



Institute of Dental Studies & Technologies

(Under the auspices of Dental & Medical Educational Trust)

"NAAC ACCREDITED"



Ref. No. IDST/CJR/38/2024

Date 05/03/2024

Notice

The Department of Basic Sciences is Celebrating Dentist Day on the occasion of birth anniversary of Dr. Rafiuddin Ahmed, Father of Dentistry on 6th March 2024.

The celebration of the same will be conducted in auditorium from 10:00 am onwards.

Requesting all HODs and Faculty to grace the occasion and make it a grand success.

The Program will be followed by high tea at 12:00 Pm.

Dr. Nidhi Agarwal

Principal



Copy to:

- The Chairperson, DMET
- The Secretary, DMET
- All HOD's
- All Notice Boards

Institute of Dental Studies & Technologies

Delhi-Meerut Road, Kadrabad, Modinagar - 201 201, Distt. Ghaziabad (U.P.)
+91-7617665566 | idst.ac.in | info@idst.ac.in

Principal

Picture 1



Picture 2



Picture 3



Picture 4



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Principal

REPORT

National Dentist Day	
By	
(Department of Basic Sciences)	
Date	6/03/24
Time	9:00AM -1:00PM
Venue	IDST Auditorium
Attendees	Students, Faculties

Brief Summary/ Report of the Event

The Programme was successfully conducted by the department of Basic Sciences on 6/03/24. BDS Ist year students enthusiastically participated in the same. They performed a Nukkad Natak and theme was "Importance of a Dentist". A lecture was delivered by Dr. Manish khatri Sir, Head of the Department Peiodontology.

Students were given handouts for excellent performance.

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International Women's Day



Ref. No.IDST/GIR/43/2024

Date:- 07/03/2024

Notice

The Department of Public Health Dentistry is celebrating International Women's day on 7th March 2024.

The day aims to recognize the real strength, power of women and their contribution to the society. The department would be conducting the outreach awareness camp specially for girls in Sant brother inter college, Bhojpur where the students and faculties were addressed on the importance of oral health, various oral hygiene measures and its effect on systemic health.

Dr. Shilpi Singh
Professor & Head
Public Health & Dentistry



Dr. Nidhi Agarwal
Principal, IDST

Copy to:-

1. The Chairman, DMET
2. The Secretary, DMET
3. Vice Principal (Admin)
4. Vice Principal (Academic)
5. All HOD's
6. All Faculty
7. All Notice Boards



Institute of Dental Studies & Technologies

(Under the auspices of Dental & Medical Education Trust)

Delhi- Merrut Road, N.H-58, Kadrabad, Modinagar-201201, Distt Ghaziabad (U.P)

Mob: +91-7617665566

Website- idst.ac.in

E-mail: info@idst.ac.in

Date – 7th March 2024

Topic	International Women's Day
Event	The outreach awareness camp specially for girls in Sant brother inter college, Bhojpur
Department	Public Health Dentistry, IDST, Modinagar
Date	7/03/2023
Time	10:00 AM – 1:30PM
Attendees	Girls in Sant brother inter college, Bhojpur
Venue	Bhojpur, Modinagar

Brief Summary

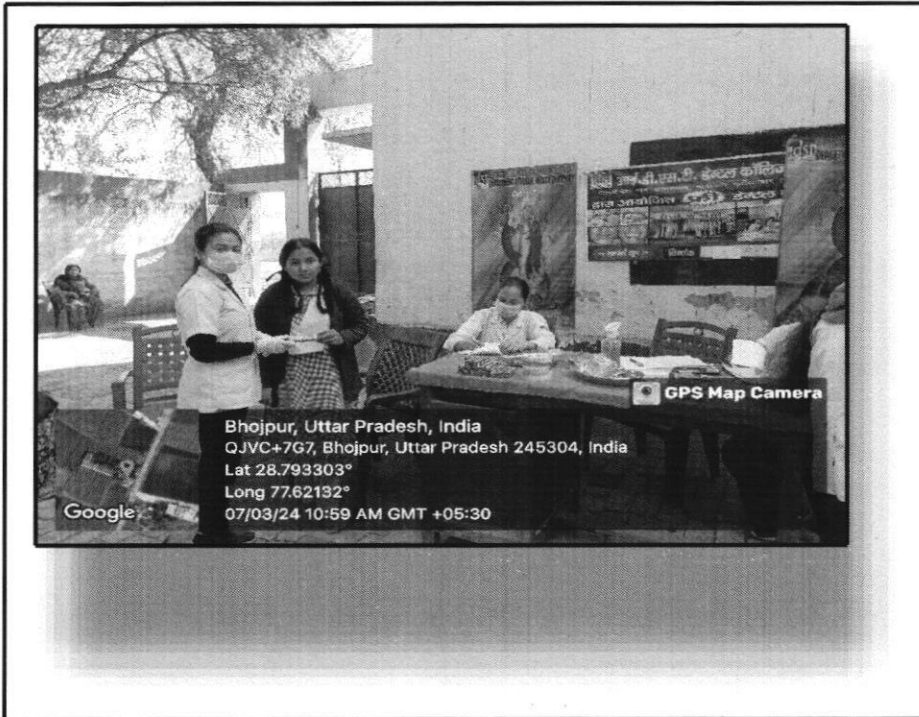
The Department of Public Health Dentistry celebrated International Women's day on 7th March 2024.

The day aims to recognize the real strength, power of women and their contribution to the society. The department would be conducting the outreach awareness camp specially for girls in Sant brother inter college, Bhojpur where the students and faculties were addressed on the importance of oral health, various oral hygiene measures and its effect on systemic health. Students were given freebies (Toothpaste and toothbrush) as oral health promotion

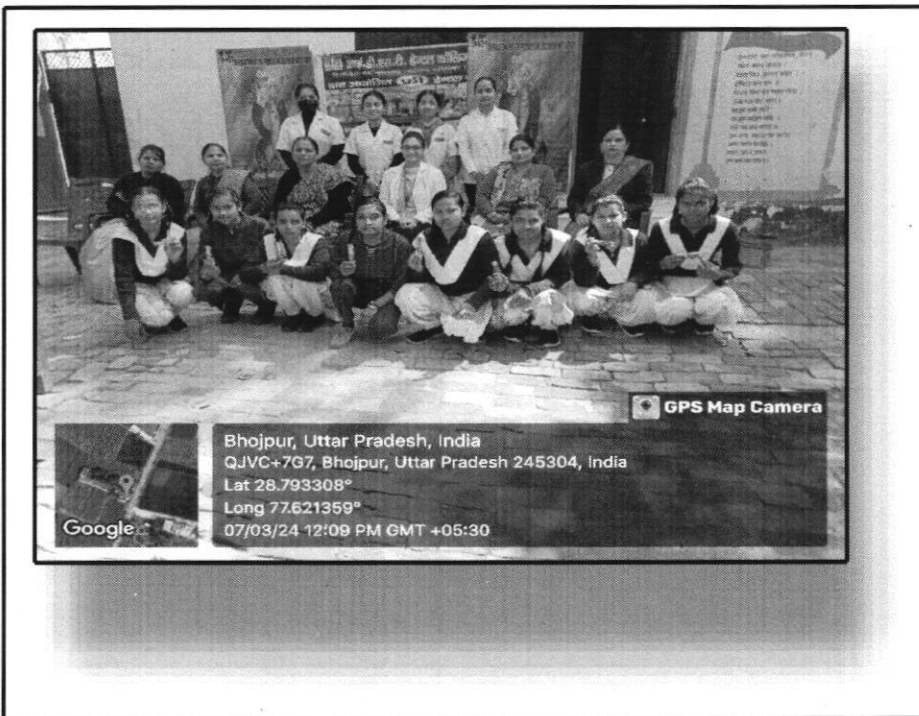
Institute of Dental Studies & Technologies


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Picture 1 (International Women's Day)



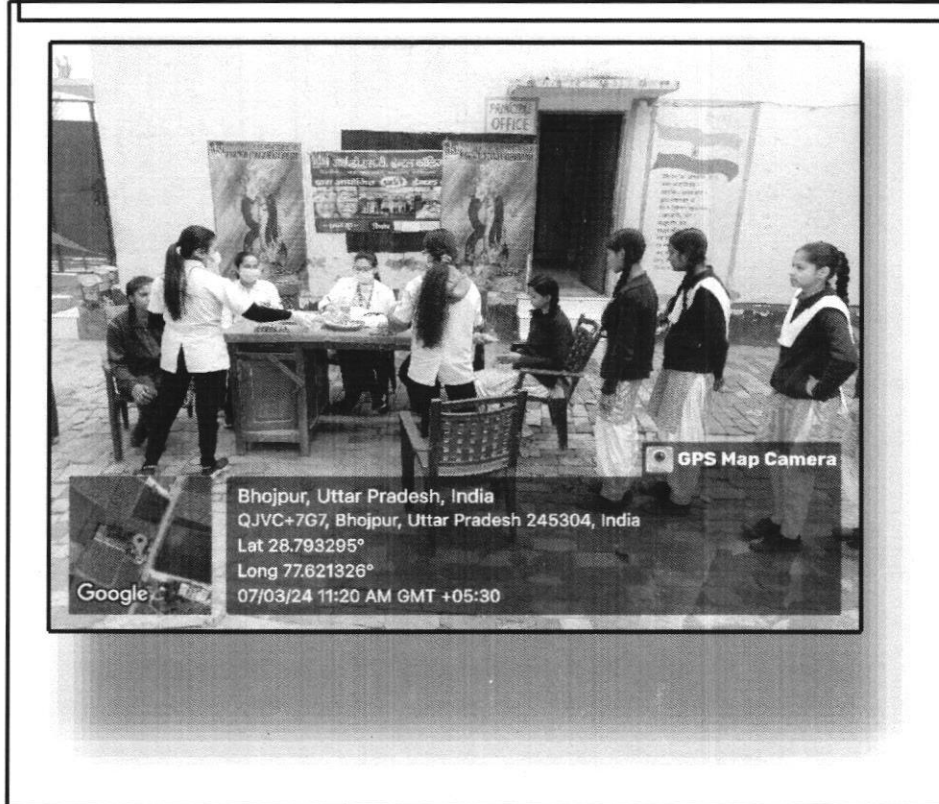
Picture 2 (International Women's Day)



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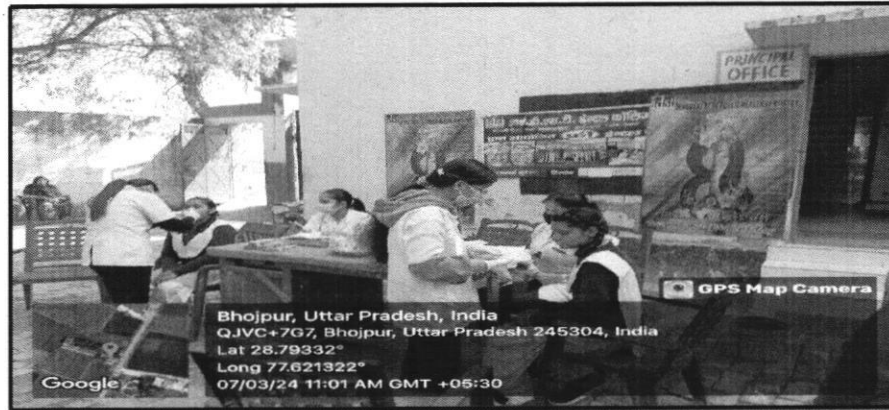
Picture 3&4 (International Women's Day)



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Picture 5 (International Women's Day)



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Principal

Holi

(Picture 1)



(Picture 2)



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Principal

(Picture 3)



(Picture 4)



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Fresher's Party (Chrysalis)



Office of the Principal

Ref. No. IDST/NOT/2023/256

Date: 16.08.2023

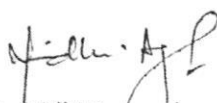
"Coming Together for a new beginning"

We take great pleasure in informing that Fresher's Party "CHRYSALIS" is being held on 18th August 2023 at 12pm in College Auditorium.

All the faculty members along with BDS 1st and 2nd year students are cordially invited to encourage the enthusiastic participation of our dear students.

The Fresher's Party will be followed by lunch for all.

Kindly be seated 15 minutes prior for timely start of the event.


Dr. Nidhi Agarwal
Principal



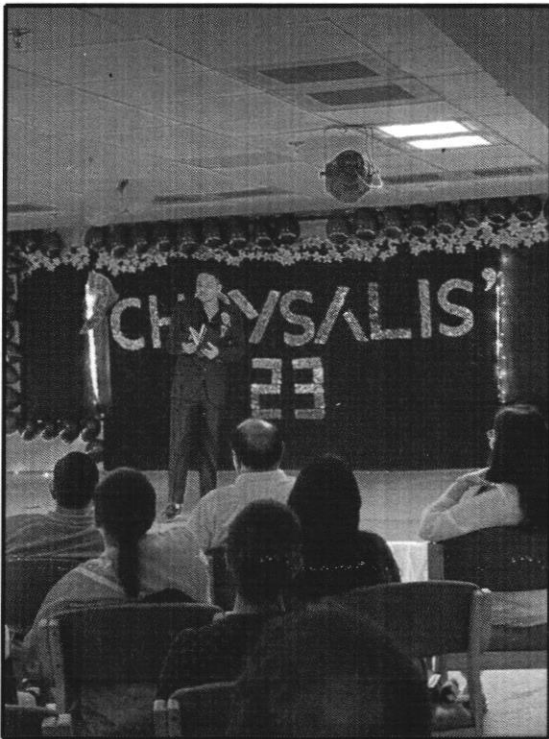
Copy to

1. Chairman, DMET
2. Secretary, DMET
3. All HOD's
4. All Notice Boards

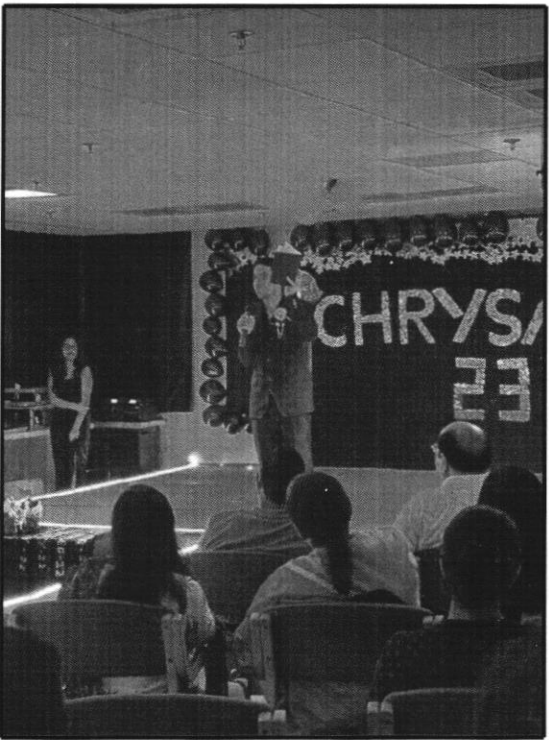
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Picture 1 (Fresher's Party)



Picture 1 (Fresher's Party)

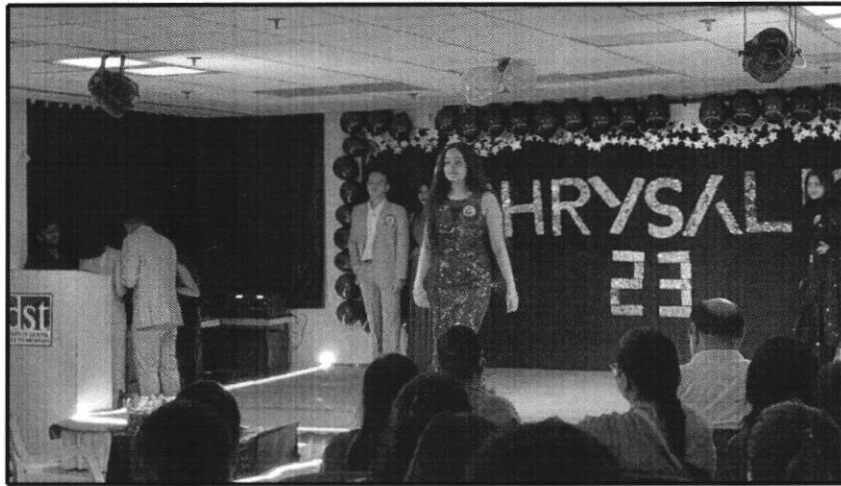


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A handwritten signature in black ink, appearing to be "K. K. K.", written over the printed name of the Principal.

Principal

Picture 3 (Fresher's Party)



Picture 4 (Fresher's Party)



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Principal

Picture 5 (Fresher's Party)

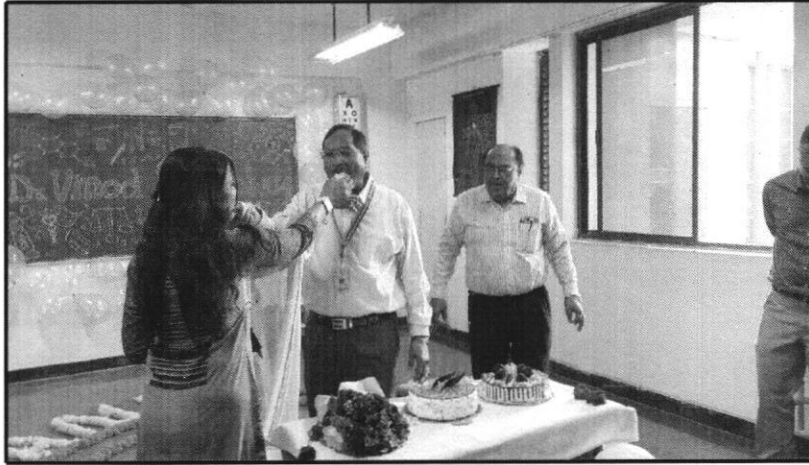


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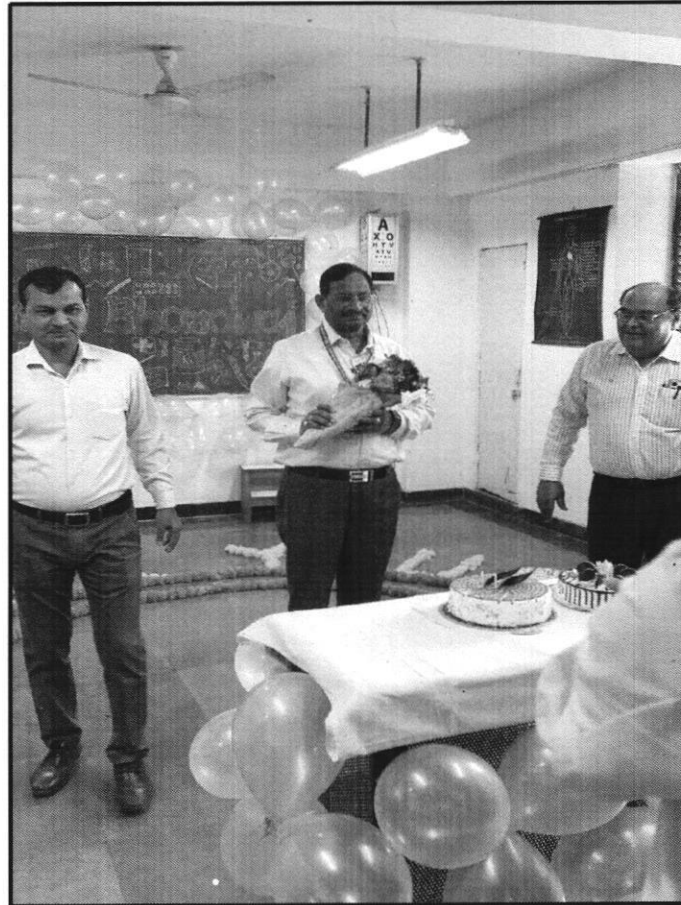
Principal

Faculty Farewell Celebration

(Picture 1)



(Picture 2)



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A handwritten signature in black ink, appearing to be the name of the Principal, written in a cursive style.

Principal

Picture 3



Picture 4

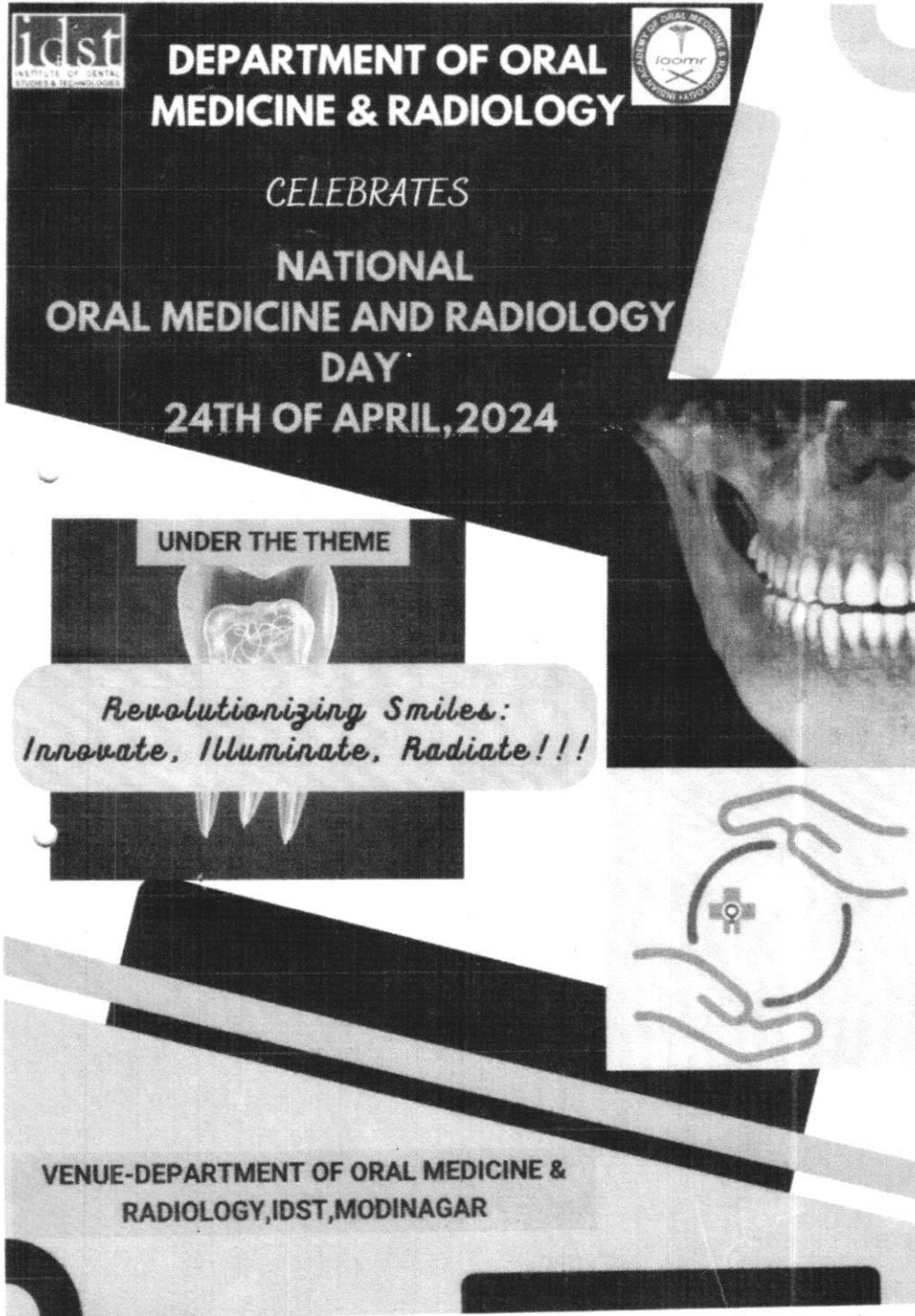


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A handwritten signature in black ink, appearing to be 'S. S. S.', written over a diagonal line.

Principal

National Oral Medicine and Radiology Day



idst
INSTITUTE OF DENTAL
STUDIES & TECHNOLOGIES

**DEPARTMENT OF ORAL
MEDICINE & RADIOLOGY**

CELEBRATES

**NATIONAL
ORAL MEDICINE AND RADIOLOGY
DAY**

24TH OF APRIL, 2024

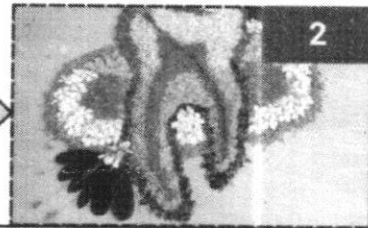
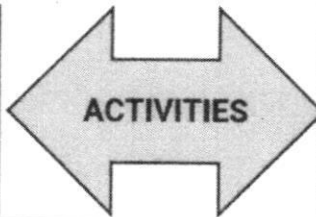
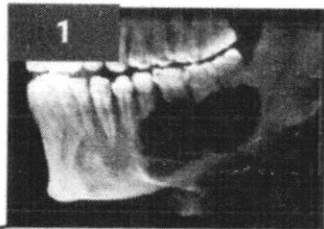
UNDER THE THEME

*Revolutionizing Smiles:
Innovate, Illuminate, Radiate!!!*

**VENUE-DEPARTMENT OF ORAL MEDICINE &
RADIOLOGY, IDST, MODINAGAR**

Institute of Dental Studies & Technologies

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Lecture Series on CBCT:
 Module I- Basics & Acquisition of CBCT
 Module II- Applications of CBCT in Dentistry
 Module III- Guest Lecture by External Expert

Guidelines for Rangoli Competition:
 Theme – "Revolutionizing Smiles: Innovate, Illuminate, Radiate"
 • Eligibility – Interns
 • There should be minimum 2 and maximum 4 contestants per team.
 • Timing - 30 minutes.



Guidelines for Poster Competition:
 Theme – "Revolutionizing Smiles: Innovate, Illuminate, Radiate"
 • Eligibility – IIIrd & IVth BDS Students & MDS Students.
 • There should be minimum 1 and maximum 2 contestants per team.
 • Hand made poster in horizontal/landscape pattern(No E-posters allowed)
 • Poster should be submitted latest by 23rd April, 2024 by 03:00pm.



Guidelines for Coffee Cup Designing Competition:
 Theme – "Revolutionizing Smiles: Innovate, Illuminate, Radiate"
 • Eligibility – Ist & IInd BDS Students & MDS Students.
 • Coffee Cups should be Hand painted.
 • Coffee Cup Designing should be submitted latest by 23rd April, 2024 by 03:00pm.

Institute of Dental Studies & Technologies

Note:
 For any Queries Please Contact: Dr. Chhavi Srivastava Ph: +91-7976007894
 Venue for Rangoli will be Department of Oral Medicine & Radiology.

Principal

Every year on April 24, the nation observes National "Oral Medicine and Radiology Day."

Under the vision and guidance of Late Dr. BK Venkataraman Oral Medicine was found to be a first-of-its-kind undergraduate and post graduate programme in Dental Surgery curriculum at GDC Bangalore. On June 20, 1985 doctors BK Venkataraman and Ramachandra Reddy leadership helped in the formation of the Indian Academy of Oral Medicine & Radiology. Thus, the Department of Oral Medicine & Radiology, IDST celebrates National Oral Medicine & Radiology Day by encouraging undergraduates through various activities to choose a discipline that would be a boon to diagnosis in the near future and also remembering the noteworthy accomplishment made by the aforementioned pioneers in this day.

Program Schedule

PARTICULARS	TIMINGS
Rangoli Competition	09:00am-09:30am
Lecture on CBCT Module I	09:30am- 10:30am
Other activities (Display of Posters & Coffee Cups)	10:30am-11:30am
Distribution of Certificates	01:00pm- 01:15pm



Institute of Dental Studies & Technologies

Principal

REPORT

Under the guardship of Respected Dr. Vikram Gandhi sir (Secretary, DMET) and Principal Dr. Nidhi Agarwal, National Oral Medicine and Radiology Day was celebrated by the Department of Oral Medicine and Radiology, at Institute of Dental Studies and Technologies on 24th April 2024.

On this occasion, numerous activities, like commencement of 3 days lecture series on CBCT followed by hands on workshop for post graduate students followed by rangoli, poster and cup designing competitions were organized for undergraduate students to break the monotony which saw an enthusiastic response of over 67 participants.

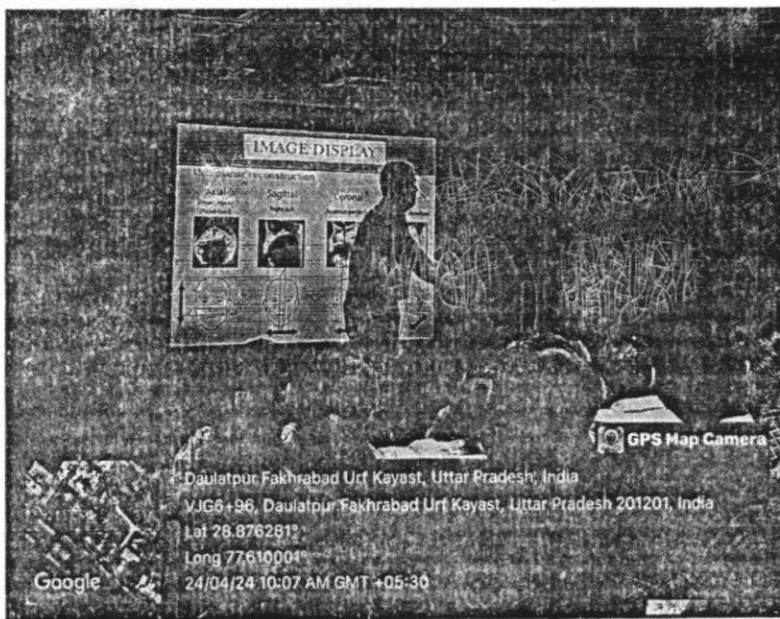
The event was concluded by certificate distribution to the respective winners in each category.

The Department of Oral Medicine and Radiology under the leadership of Dr. Deepankar Misra is thankful and obliged to the management for giving us the opportunity and supporting us in all endeavors.

Institute of Dental Studies & Technologies

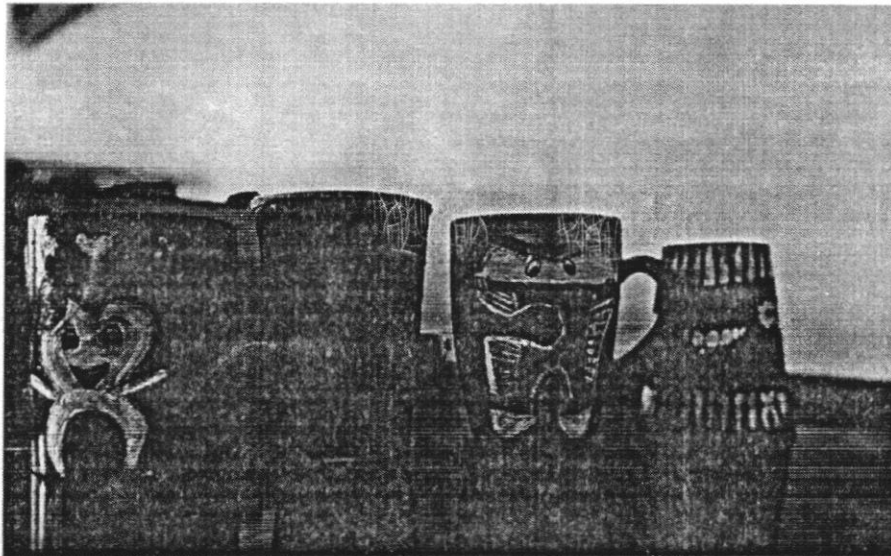
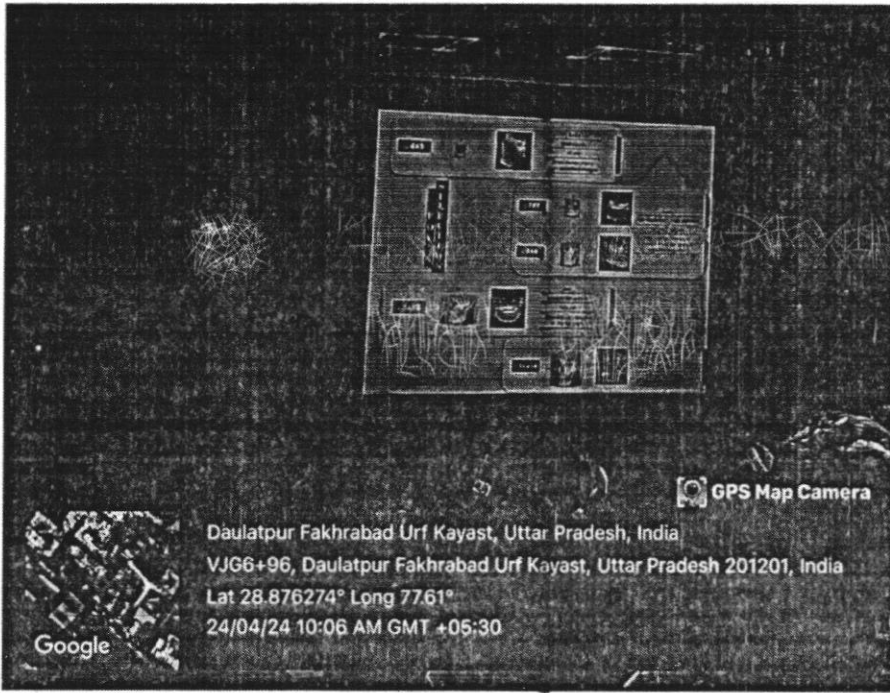


Principal



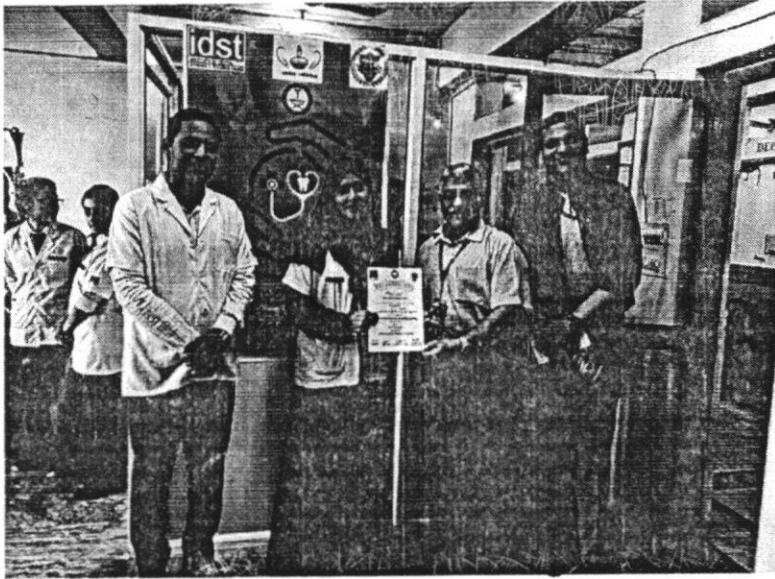
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Institute of Dental Studies & Technologies

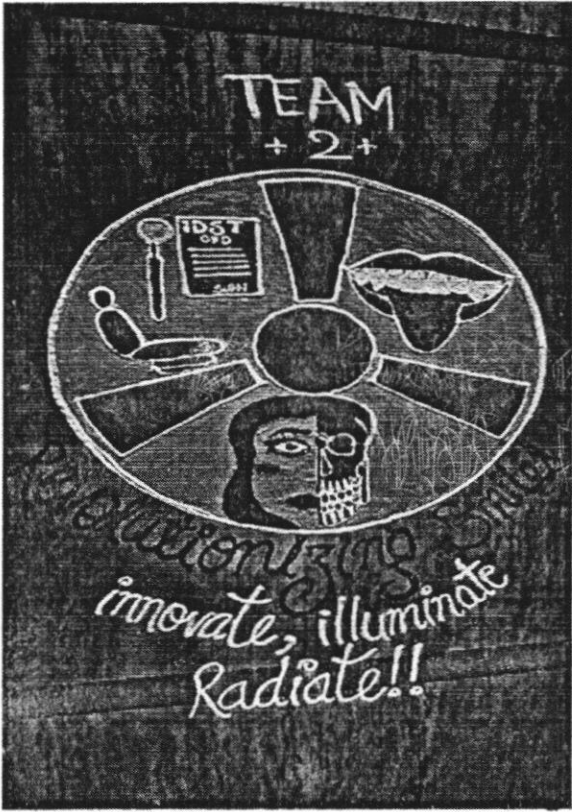
Principal



Institute of Dental Studies & Technologies

A handwritten signature in black ink, appearing to be "A. A. A.", written over the printed name of the Principal.

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Principal

RGs

1. Adarsh Roshan.
2. Yashi Mishra
3. M. Shaheed.
4. Neha Ranjan
5. Smita Kumari
6. Mayank Gupta
7. Jane Leda vaghese.
8. Titin.
9. Alex. Eldho.
10. Thomas.
11. Seyranika.
12. Abhilash.
13. Udit Choudhary.
14. Villas Thakur.
15. Akshata Ahm.
16. Barasha Choudhary.
17. Nakul S.
18. Shalini Sinha
19. Nectal Pal.
20. Aishya Gandhi.
21. Prashant Kumar
22. Lareush Nagar
23. Bharth K.

24. Soumya Parmar.
25. Rajshree Singh
26. Akshit
27. Beemina Naushad.
28. Rishabh Popli
29. Rajshree Singh
30. Joel Job Makkollil.

Institute of Dental Studies & Technologies



Principal

Interns

1. Gorika Aggarwal.
2. Deeksha Malik
3. Lakshmi Biswas
4. Monika Devi.
5. Basima Gouhar.
6. Anurima Sadotra
7. Paramjeet
8. Ishani Sharma.
9. Shweta.
10. Ashani Sharma
11. Kritika.
12. Kumari Ankita
13. Nabeela Nabi..
14. Pooja Tyagi
15. Piyush Kumar Ranjan
16. M. Hemant.
17. Meher Ul Haam
18. Neelkash
19. Aditi Singh
20. Abhishek Sharma.
21. Keshu Yadav.
22. Somyam Sharma
24. RAMIT MISHRA
25. Shafiq Anjum.
26. Prachi Mahapatra.
27. Tanuu.
28. Utkarsh.
29. Shreyas
30. DYUTI.
31. GARIMA JOSHI
32. Yash Mehta
33. Vandana Sharma
34. Shubham Kumar.
35. Snehanjali Dutta.
36. Prachi Sharma
37. Prachi Siddu.
38. Poorvi
39. Ravneet Kour.
40. Aprajita
41. Dhruv.
42. Vishal.
43. Subhansita.

Institute of Dental Studies & Technologies

Principal

Final year

1. Sanya
2. Sidhika
3. Saqib
4. Nuomat
5. Muskan
6. Arkam
7. Anshika
8. Nilkant
9. Abhaya
10. Vivek
11. Nisha
12. Vantika
13. Jasmine
14. Aliza
15. Moiniya
16. Deeba
17. Sana
18. Areeza
19. Dandi
20. Akhter
21. Adeeba
22. Rahul
23. Anif
24. Haqib
25. Maziy
26. Istika

Institute of Dental Studies & Technologies

Principal

World No Tobacco Day



Ref. No. IDST/GIR/138/2024

Dated: 30/05/2024

This is to inform all the faculty and students that Internal Quality Assurance Cell in collaboration with Department of Public Health Dentistry is celebrating world No Tobacco Day on 31st May 2024.

This year activities include:

1. COTPA Section 4 and 6 implementation
2. Short Film on the theme "Protecting Children from Tobacco Industry Interference"
3. Sensitization of Public regarding harmful effects of tobacco.

As we celebrate World No Tobacco Day 2024 on 31st May 2024, we request all the faculty members and Interns to assemble in IDST auditorium at 11.30 am.

Dr. Shilpi Singh
Professor & Head, PHD

Dr. Nidhi Agarwal
Principal, IDST



Copy to:

1. The Chairperson, DMET
2. The Secretary, DMET
3. All HOD's

Institute of Dental Studies & Technologies

Principal



Institute of Dental Studies & Technologies

Kadrabad, Modinagar, Distt. Ghaziabad, U.P

Tel. No.- 01232-296354, 296356, 296357 Telefax- 01232-224958

Date: 31st May 2024

Report

Topic	WORLD NO TOBACCO DAY
Event	IDST, Modinagar Celebrates World No Tobacco Day 2024 with COTPA Section 4 and 6 Implementation and Short Film Release
Department	Public Health Dentistry, IDST, MODINAGAR
Date	31 st May 2024
Time	9:00 a.m to 1:30 p.m
Attendees	Participants from IDST Hospital Opd and students
Venue	Institute Of Dental Studies & Technologies

Brief Summary

The Department of Public Health Dentistry celebrated World No Tobacco Day on May 31, is a global initiative led by the World Health Organization (WHO) to raise awareness about the devastating health, social, and environmental impacts of tobacco use. The day serves as a platform to advocate for effective policies to reduce tobacco consumption and to educate people on the risks associated with tobacco.

Key Highlights of the Celebration were:

- COTPA Implementation:** The institute proudly announced the full implementation of the Cigarettes and Other Tobacco Products Act (COTPA) on campus.
- Short Film Release:** A highlight of the event was the premiere of a short film titled "Breathe Free," created by the talented students of [Educational Institute Name]. The film, which was met with widespread acclaim, depicts the adverse effects of tobacco use and the journey of individuals striving to overcome addiction. It serves as a powerful educational tool aimed at discouraging tobacco use among youth.
- Interactive Sessions:** The celebrations included interactive awareness sessions conducted by anti-tobacco experts. These sessions focused on the health risks associated with tobacco use, strategies for quitting, and the role of individuals in creating a tobacco-free society.
- Pledge Ceremony:** Attendees participated in a pledge ceremony, vowing to support tobacco-free initiatives and encouraging their peers to make healthier lifestyle choices. This collective commitment underscored the institute's dedication to combating tobacco use.


Principal

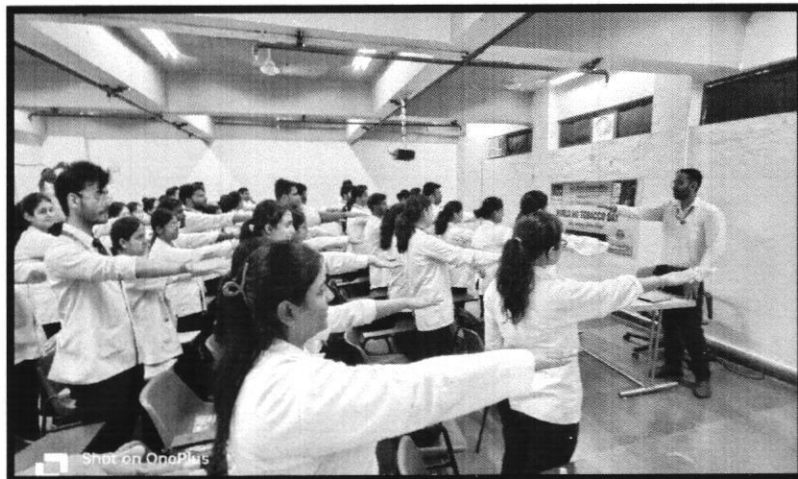
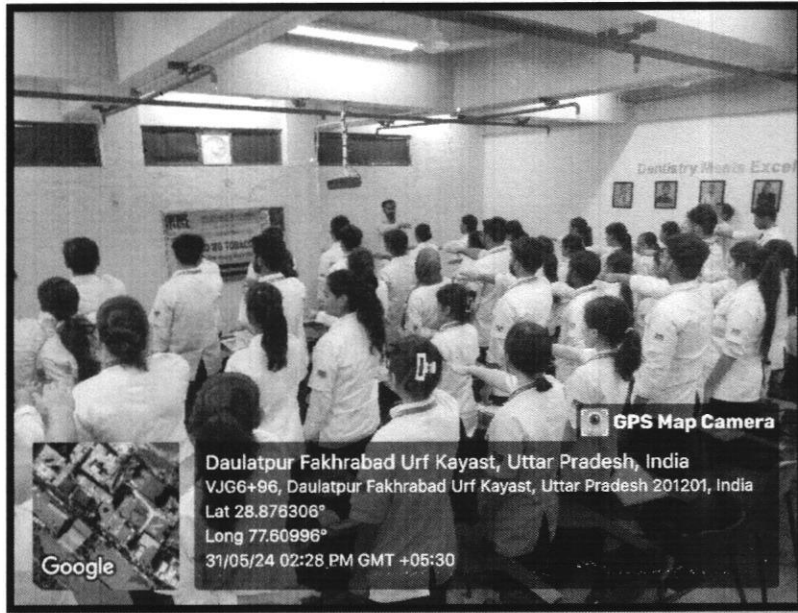
COTPA IMPLEMENTATION-



Institute of Dental Studies & Technologies

Principal

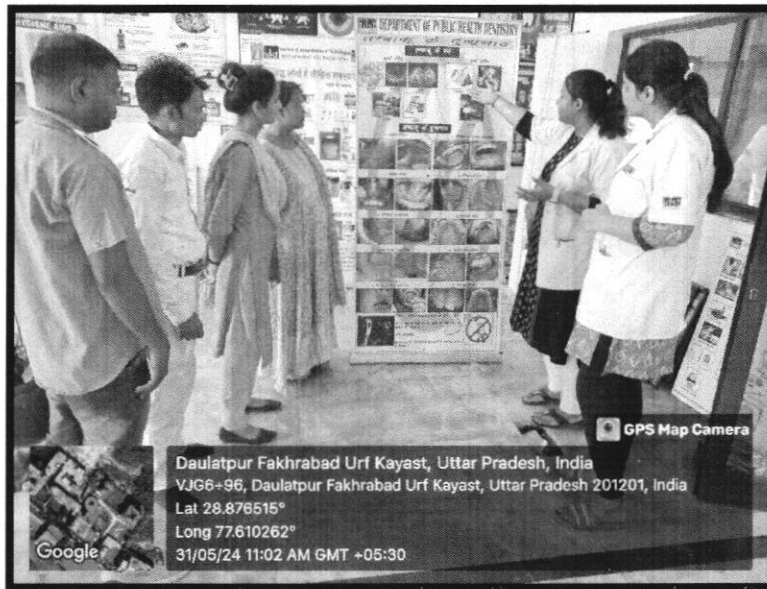
PLEDGE CEREMONY



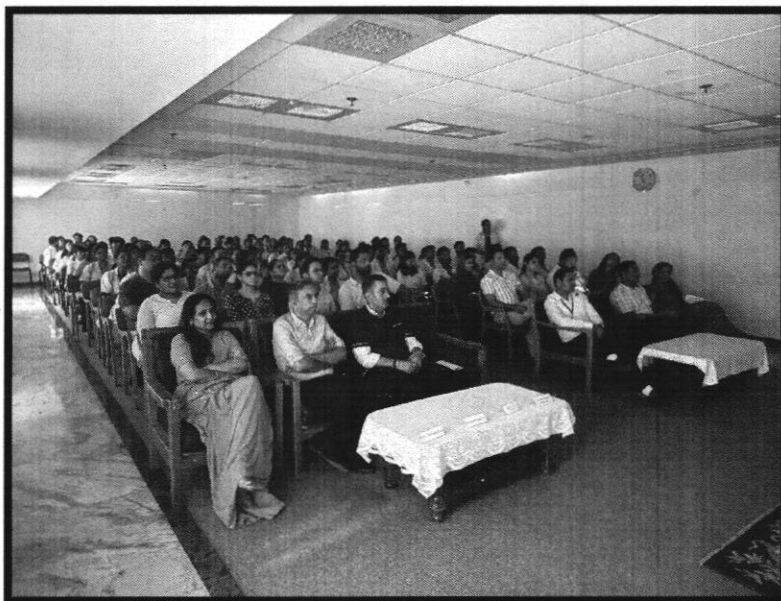
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PATIENT SENSITIZATION

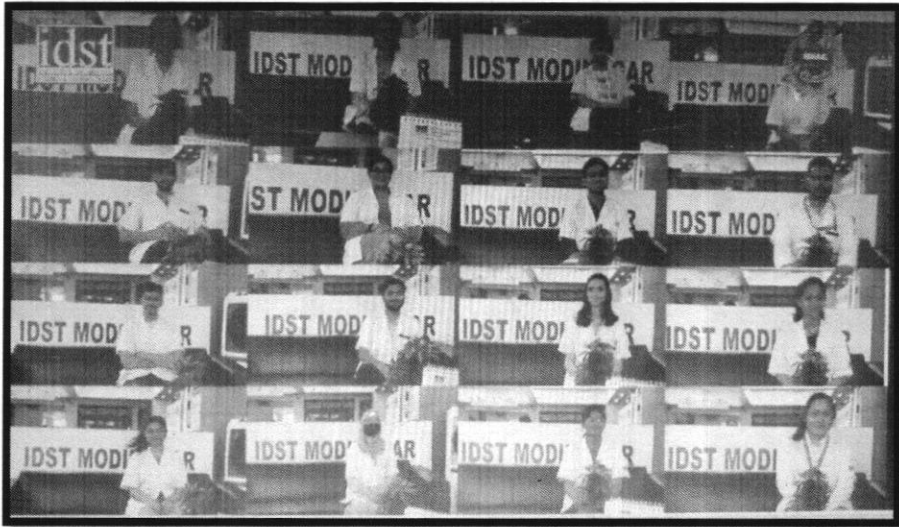


RELEASE OF SHORT FILM



Institute of Dental Studies & Technologies

Principal



Institute of Dental Studies & Technologies

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Principal